

DETAILS	
Local Authority area	Perth & Kinross
Primary Courts of relevance	Perth Sheriff Court and Perth Justice of the Peace Court
All information provided by	Perth & Kinross Community Justice Partnership

INFORMATION ACCURATE AS AT 15/11/2022

OVERVIEW
<p>The information contained within this document is provided to assist in judicial awareness of local area disposal options.</p> <p>Please note: All information contained within this document has been provided to Community Justice Scotland (CJS) by the relevant Community Justice Partnership, or similar; this information has not been generated by CJS. However, any feedback or queries should be directed to CJS using the following email address: info@communityjustice.scot where all enquiries will be dealt with in collaboration with the relevant Community Justice Partnership, or similar.</p>

CONTENTS	
BAIL SUPERVISION	2
ELECTRONIC MONITORING	3
COMMUNITY PAYBACK ORDER: UNPAID WORK	4
COMMUNITY PAYBACK ORDER: SUPERVISION	5
COMMUNITY PAYBACK ORDER: PROGRAMME	8
COMMUNITY PAYBACK ORDER: TREATMENT: MENTAL HEALTH	10
COMMUNITY PAYBACK ORDER: TREATMENT: DRUGS	11
COMMUNITY PAYBACK ORDER: TREATMENT: ALCOHOL	12
DRUG TREATMENT AND TESTING ORDER (DTTO)	13
STRUCTURED DEFERRED SENTENCE (Right Track)	14
THIRD SECTOR PROGRAMMES	15
ANY OTHER RELEVANT INFORMATION	33

BAIL SUPERVISION

Interventions suitable for	<p>Individuals aged 16 upwards who have been assessed as being suitable to participate in the Perth and Kinross Bail Supervision scheme.</p> <p>This service will expand further to include Electronic Bail Monitoring.</p>
Programme Title and Provider	<p>Bail supervision</p>
Details of all Specific national or local scheme/intervention(s) available	<p>Bail Supervision in Perth and Kinross identifies people, based on assessed need, who require a level of intensive support during the period of bail and who would suffer extreme difficulties if sent to custody.</p> <p>In accordance with the National Priorities Statement for Criminal Justice Social Work (2001), priority is given to the following:</p> <ul style="list-style-type: none"> • Young People aged 16 – 26 years • Single Parents • Women • People with mental health problems • Carers' • People with substance misuse
Possible Outcomes	<ol style="list-style-type: none"> 1. To increase the confidence of courts in the successful completion of bail periods through the availability of supervision; 2. To reduce the number of individuals remanded to custody; 3. To encourage greater confidence in the use of non-custodial disposals by sentencers as a result of the experience of successful completion of periods on bail supervision; 4. To provide appropriate support to individuals in the community, this minimises disruption to families, employment and housing, while ensuring compliance with bail conditions.
Process for Assessment and/or inclusion in scheme/intervention	<p>"If a custody statement is made, (Bail opposed) – Identify persons in target groups and collate any information gathered from the process outlined above. Interview the person at Court.</p> <p>When making an assessment for suitability for bail supervision, the Bail Officer must take account of the following:</p> <ul style="list-style-type: none"> • Public Safety • The nature of the charges • Outstanding charges, including breaches of bail • Previous Offending and patterns • Previous response to supervision • Willingness and motivation of person to comply with bail supervision Suitability of accommodation • Areas in the person's life that require intensive support during the bail period • Substances • Employment situation • Care of Dependents <p>After taking the above considerations into account, the decision will be reached as to whether the person is suitable for bail supervision."</p>

ELECTRONIC MONITORING

<p>Interventions suitable for</p>	<p>Individuals aged 16 upwards who have been assessed as being suitable to participate in the Perth and Kinross Electronic Bail Monitoring.</p>
<p>Programme Title and Provider Details of all Specific national or local scheme/intervention(s) available</p>	<p>Electronic Monitoring</p> <p>Assessments are completed following requests from court. Electronic Monitoring is a tool the court can use to promote compliance with a bail order and any relevant conditions attached to it. I</p> <p>t can provide assurance about the restriction of movement of a monitored person by imposing time and locational limitations on the monitored person. The monitored person can, for example be monitored to help check that they remain in a specified place for a specific period.</p> <p>Bail with Electronic Monitoring is intended for use by justice partners involved in bail, such as local authority justice social work services, the Crown Office and Procurator Fiscal Service (COPFS), Scottish Courts and Tribunal Service (SCTS), Police Scotland (PS) and the electronic monitoring service provider in Scotland.</p>
<p>Possible Outcomes</p>	<p>Electronic Monitoring can be used to reduce risk by excluding the person from a specified place. This can be used where the individual poses risk/s by going to a specific address, to reduce risk to children, victims of domestic abuse, or certain premises.</p> <p>The person where the Electronic Monitoring equipment will be installed has to agree to the monitoring, this is done through the Electronic Monitoring assessment – carried out by Justice Social Work, Police Scotland, departmental records, other identified services.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Social work assessment is completed to provide information to the court. In the initial stages of implementing Electronic Monitoring assessments will focus on cases where bail is opposed and where specific risks can be managed through this new capability.</p> <p>In determining an application for bail, the court can determine whether monitoring any relevant condition electronically would provide them with additional assurance as to the appropriateness of bail and the management of any risk of an individual being on bail.</p> <p>If the person to be monitored poses a potential risk to other householders, it will be sufficient to explain the premises are found unsuitable: if victims or child protection.</p> <p>Electronic Monitoring has a maximum curfew period of 12 hours per day (this is a curfew to a place, conditions of an “away from” a specified place or places can be for 24 hours per day) for the duration of the bail condition. This takes account of health needs, employment, training childcare etc.</p> <p>Electronic Monitoring can also be requested during Criminal Justice Social Work Report before sentencing as part of Community Payback</p>

	Order for those on a non-parole licence or licence condition where risks can be identified.
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COMMUNITY PAYBACK ORDER: UNPAID WORK

Interventions suitable for	Criminal Justice Social Work clients who have been formally assessed by a criminal justice social worker as being suitable to undertake an unpaid work requirement
Programme Title and Provider Details of all Specific national or local scheme/intervention(s) available	Unpaid work requirement
	<p>Unpaid Work in Perth and Kinross operates as part of the Westbank Project. It has attracted ESF funding to add value to the statutory funding and develop training opportunities for a range of client groups on site. This arrangement ensures clients mix with other groups so they can support each other. It also seeks to provide offenders with employability opportunities and some qualifications.</p> <p>The UPW team in Perth is organised so as to be 'business-like' in its approach and as a consequence has attracted significant 'investment' in staff equipment and the property in recent years. It operates an electronic referrals system which invites a broad spectrum of people and community groups to ask for its help. Clients have access to: a large allotment; poly-tunnels; bee hives; well-equipped workshop.</p> <p>They will gain experience in horticulture, cultivation, Ground clearance and maintenance, landscaping, fencing, building, garden furniture making, painting and decorating.</p> <p>The UPW team works closely with the Safer Communities Team as part of a MultiAgency response to address Crime and Anti-Social Behaviour through - Graffiti Removal, Fly Tipping Removal, Chewing Gum removal, City Centre Improvements and is a key partner in planning and preparation for a wide range of events in the City Centre and elsewhere.</p> <p>The Team operates across Perth and Kinross very often in partnership with community group such as hall committees and Bloom Groups. The UPW Team is an integrated and effective partner in delivery of services in Perth and Kinross.</p>
Possible Outcomes	<p>The main objectives of an unpaid work requirements as part of a CPO are:</p> <ul style="list-style-type: none"> • to provide courts with a community based penalty which has the potential to achieve a positive outcome in respect of the individual's likelihood of reoffending; • to ensure that courts have access at all times to a community sentence for use as a first response which requires the individual to undertake unpaid work for a specified number of hours in community; • to provide a high quality community based intervention which balances pay back to the community with opportunities for individuals to address their offending behaviour whilst supporting them towards positive change; and to provide individuals with an

	<p>opportunity to gain skills and access the supports required to lead positive lives and desist from offending.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>A pre-sentence assessment is completed in the form of a Criminal Justice Social Work Report (CJSWR). The report will consider the pattern, nature, seriousness, likelihood and imminence of reoffending to inform decisions about whether a community sentence is feasible.</p> <p>Suitability for an Unpaid Work Requirement will be assessed by completion of an Unpaid Work assessment form. This form considers a variety of pertinent factors including: health issues (mental and physical); drug and alcohol issues; whether the client is in receipt of benefits; childcare issues and residency situation including travel options to Perth.</p>

COMMUNITY PAYBACK ORDER: SUPERVISION

<p>Interventions suitable for</p>	<p>Criminal Justice Social Work clients who have been formally assessed by a criminal justice social worker as being suitable to undertake a supervision requirement</p>
<p>Programme Title and Provider</p>	<p>Supervision requirement</p>

<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Where the order contains an offender supervision requirement, the responsible officer will be a suitably qualified and registered social worker. Whilst accountability in such situations rests with the responsible officer, non-social work qualified staff (Criminal Justice Assistants) may, where appropriate, undertake work with the individual as part of the order. Section 227G of the 1995 Act defines offender supervision as:</p> <p>'.. during the specified period, the offender must attend appointments with the responsible officer or another person determined by the responsible officer, at such time and place as may be determined by the responsible officer for the purpose of promoting the offender's rehabilitation.</p> <p>'The court must impose an offender supervision requirement in the following situations:</p> <ul style="list-style-type: none"> • where the individual is aged under 18 • where the court imposes any requirement other than an unpaid work or other activity requirement • where the court imposes two or more requirements The responsible officer has two key roles: • to work with the individual and relevant others to achieve change in the individual's behaviour to encourage desistance from offending behaviour; and • to work with the individual to achieve compliance. <p>The responsible officer will use LSCMI for the effective planning, management and monitoring of the case management plan, throughout the length of that the order. Formal departmental reviews will maintain or vary the case management plan following a review of progress and outstanding outcomes.</p> <p>One-Stop Women's Learning Service (OWLS) and CPO Requirements</p> <p>OWLS was developed for women offenders following the Women's Commission Report in 2012. Providing a trauma informed environment enables an intensive and immediate suite of interventions for women who have experienced the criminal justice system.</p> <p>OWLS Supervision Requirement – women who receive this Requirement are expected to engage with social work support to address underlying issues such as trauma, domestic abuse, mental health, relationships and substance issues which may be connected to their offending behaviour and criminogenic needs.</p> <p>The aim of the intervention is to reduce offending behaviour and enable women to engage in a more positive way with their family and community. A crucial part of this work is supporting women to improve their self-confidence, self-esteem and self-worth.</p>
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	<p>Interventions are delivered on both an individual and group work basis and after an initial assessment which involves the woman and their keyworker, the areas of work can include the following:</p> <ul style="list-style-type: none"> • Drug and alcohol issues; • Physical / mental health and wellbeing; • Offending behaviour including personal and victim impact; • Education / employment opportunities; • Mentoring; • Accommodation; • Finance issues and Welfare Benefits. <p>EVOLVE is a new project which is aimed at men who are given a supervision requirement. In a similar fashion to OWLS, mentioned above, the project is gender specific and aimed at the needs of male offenders.</p> <p>The Evolve project looks to work with men in a trauma informed manner, using a combination of intensive one to one work, and a focussed programme of group work which will include activities designed to increase positive life chances and pro-social decision making for males who offend, to help them find purpose, improve their wellbeing and rebuild relationships within their communities and families.</p> <p>Currently based at Anchor House's Neuk project, the project seeks to incorporate the latest theory and research into desistance and the impact of trauma into how we work with men who offend.</p> <p>By helping men find new, positive identities, research shows that men can move on from an offending past, and we aim to promote this using group work, and communal activities in an environment which is more trauma informed than traditional Criminal Justice settings.</p>
<p>Possible Outcomes</p>	<p>Supervision aims to motivate and support the individual to desist from further offending, and to support the individual to achieve the intended outcome of each requirement.</p> <p>The responsible officer also reviews progress, reports to court as required and helps the individual to deal with any obstacles to the successful completion of the CPO.</p> <p>The responsible officer will be responsible for ensuring the level of supervision intensity is adhered to. This will be determined by regular assessment of the pattern, nature, seriousness, likelihood and imminence of offending.</p> <p>It should be stressed that in addition to deciding the level of contact, the responsible officer must give consideration to the purpose and nature of that contact.</p> <p>This will be determined by the assessed likelihood of offending and will be geared towards meeting the stated outcomes of the case management plan. The responsible officer must clarify the separate but related issues of risk of offending and risk of harm to others.</p>

Process for Assessment and/or inclusion in scheme/intervention	<p>A pre-sentence assessment is completed in the form of a Criminal Justice Social Work Report (CJSWR).</p> <p>The report will consider the pattern, nature, seriousness, likelihood and imminence of reoffending to inform decisions about whether a community sentence is feasible.</p> <p>The assessment should also consider whether supervision/intervention is required to address the individual's offending behaviour, or whether there are indicators of harm to others which warrant more in-depth, offence specific or specialist assessment (e.g. Spousal Assault Risk Assessment (SARA), Risk Management 2000 (RM 2000) or Stable and Acute 2007 (SA07)).</p> <p>A full risk of serious harm (RoSH) assessment at the presentence stage is unlikely to be feasible/possible unless the court allows sufficient time.</p>
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COMMUNITY PAYBACK ORDER: PROGRAMME

Interventions suitable for	Criminal Justice Social Work clients who are convicted of a sexual/sexually motivated offence and who have been formally assessed by the Tay Project as being suitable to undertake the MFMC sex offender treatment programme.
Programme Title and Provider	Moving Forward Making Changes (MFMC), The Tay Project.
Details of all Specific national or local scheme/intervention(s) available	In relation to Sex Offenders a programme requirement is available to undertake offence focused work with the Tay Project. This is titled Moving Forward Making Changes. We request that a CPO is imposed for a minimum period of 36 months.
Possible Outcomes	<p>A treatment pathway is identified and the man will complete a case managers pack with his supervising officer. Some sessions will be conducted jointly with a Tay Project worker and suitability for progression to the groupwork stage will be assessed during this time. MFMC is designed to meet the treatment needs of male sexual offenders who have committed either sexual offences, or non-sexual offences with a clear sexual element.</p> <p>The programme is for medium to very high risk offenders over the age of 18 years. The MFMC programme is a cognitive behavioural programme that utilises an integrated theory of change approach. The aim of the programme is to reduce the re-offending of men convicted of sexual / sexually motivated offences, and increase their opportunities and capacities for meeting needs by non-offending means.</p> <p>This is done by helping the individual and those assisting/managing them to understand the factors that are relevant to their risk and how these factors interact. Giving the individual the opportunity to address the factors most relevant to their offending, and helping the individual and those assisting/managing them to develop future plans, so they can lead their lives in pro-social ways without causing sexual harm to others.</p>

<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Referrals for assessment should be made to the Tay Project under the following circumstances:</p> <ul style="list-style-type: none"> • When an offender is convicted of a sexual/sexually motivated offence and the Court requests a Tay Project assessment before sentencing; • When an offender is convicted of a sexual/sexually motivated offence and the CJSW Report author makes a referral to the Tay Project for an assessment before sentencing; • When an offender is convicted of a sexual/sexually motivated offence and has served a custodial sentence and sexual offending behaviour work is being considered as part of the risk management plan on release; • When an offender is convicted of a sexual/sexually motivated offence and subject to supervision, but have not as yet had an assessment undertaken in relation to suitability for interventions, for instance transfer in cases. <p>The treatment needs are identified by using the SAO7 risk assessment tool completed jointly between the CJSWR author and a Tay Project Worker. As well as the CJSWR, there will be a separate Tay Project Report provided to the Court which details the recommendation and appropriateness of the MFMC treatment programme.</p>
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<p>Interventions suitable for</p>	<p>Criminal Justice Social Work clients who are convicted of a domestic offence and who have been formally assessed by criminal justice social workers trained in the use of the Caledonian System as being suitable to undertake the Caledonian Men's Programme.</p> <p>The Caledonian men's programme is aimed at adult men, defined as over 16 years of age whose abusive behaviour has taken place within a heterosexual relationship.</p>
<p>Programme Title and Provider</p>	<p>Caledonian System</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>In relation to men who have committed offences of a domestic nature a Programme requirement instructing the person to attend and engage fully with the Caledonian Men's programme as directed by the Responsible officer is available if assessed as suitable.</p> <p>We request that a CPO is imposed for a minimum period of 24 months.</p> <p>The Caledonian takes the form of an intervention system comprising:</p> <ol style="list-style-type: none"> 1. A programme of focussed intervention with men lasting a minimum of two years comprising pre-group preparation and motivation sessions (14 sessions), a group-work programme (22 sessions), and postgroup maintenance until the end of the court order. 2. A voluntary service to women who are the victims of the man's domestically abusive behaviour, current partners and children who are experiencing or have experienced, witnessed or live within an environment of the man's abusive and/or controlling behaviour.

<p>Possible Outcomes</p>	<p>The primary aim of the Caledonian System is to reduce the re-offending of men convicted of domestic abuse related offences, thereby increasing women's and children's safety.</p> <p>This is in line with the Scottish Government three-fold intended outcomes for community-based interventions: public protection, reduction of custody and social inclusion of rehabilitated offenders. Working with men, women, young people and children contributes to reducing the likelihood of men re-offending while also maximising public protection.</p> <p>The purpose of this programme is to provide an integrated service to men, women and children who have been affected by and involved in the experience of domestic abuse.</p> <p>It target's men's domestic abuse through fourteen individual pre-group sessions, a twenty-two week group work programme and a series of maintenance sessions. The programme will enable the perpetrator to address the factors that underpin his offending behaviour and as such reduce his risk of recidivism and further domestic abuse.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>The assessment is specifically informed by the SARA V3 risk tool and an assessment of the man's suitability and treatment readiness to engage with intervention.</p> <p>Given the nature of the domestic abuse and risk factors identified, as detailed in in the risk section of the CJSWR, the man may be assessed as suitable for the Caledonian programme.</p>

<p>Interventions suitable for</p> <p>Programme Title and Provider</p> <p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Criminal Justice Social Work clients who have been convicted of a drink driving offence and who have been formally assessed by a criminal justice social worker as being suitable to undertake the Drink Driving Group</p> <p>Drink Driving Group</p> <p>In relation to persons convicted of a drink driving offence we also offer a Drink Driving Group Programme Requirement. This is an eight week groupwork programme which can also be delivered one-to-one if necessary.</p> <p>This group has not run in the past two years due to the pandemic and low referral numbers. The work is primarily done one-to-one now unless referral numbers increase.</p>
<p>Possible Outcomes</p>	<p>The programme aims to help participants:</p> <ul style="list-style-type: none"> • Understand how alcohol affects the body and their driving skills; consider the effects their behaviour has on other people; improve problem-solving and decision-making skills; • Plan effectively so that they don't need to drive after drinking; avoid drink driving in the future.
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Following conviction for a drink driving offence the CJSWR author will consider if there is a pattern of behaviour evident or emerging which would indicate a need to explore these issues in a group setting.</p>

COMMUNITY PAYBACK ORDER: TREATMENT: MENTAL HEALTH

<p>Interventions suitable for</p>	<p>Criminal Justice Social Work clients who have a mental health condition which has been assessed by a criminal justice social worker as one which warrants a mental health treatment requirement.</p> <p>However, the circumstances must fall short of meeting the criteria for the individual being made subject to compulsory measures under the 2003 Act by the Mental Health Tribunal or the 1995 Act by the court.</p>
<p>Programme Title and Provider</p> <p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Mental health treatment requirement</p> <p>In imposing a CPO with a mental health treatment requirement, an offender supervision requirement will always be imposed. Any period of a mental health treatment requirement imposed must not exceed the period of time specified in the offender supervision requirement.</p> <p>An individual in respect of whom a CPO with mental health treatment requirement is imposed must agree to the mental health treatment requirement otherwise the requirement cannot be made.</p> <p>Therefore a mental health treatment requirement cannot be imposed where the individual meets the criteria for either a compulsory treatment order (under the Mental Health (Care and Treatment) (Scotland) Act 2003 ("the 2003 Act")) or a compulsion order (under the 1995 Act).</p> <p>Whilst an individual must have a mental health condition to warrant a mental health treatment requirement under a CPO, the circumstances must fall short of meeting the criteria for the individual being made subject to compulsory measures under the 2003 Act by the Mental Health Tribunal or the 1995 Act by the court.</p> <p>Where the individual's mental health is assessed as requiring the imposition of more restrictive measures, and where the individual meets the criteria as laid out in section 57A(3) of the 1995 Act, the court should in such cases impose a compulsion order.</p> <p>The purpose of imposing a mental health treatment requirement is to ensure that an individual who has been diagnosed with a mental health condition and/or learning disability which contributes to the individual's offending receives support, care and treatment to enable them to improve their mental health in terms of their mental health needs.</p> <p>The responsible officer will hold overall responsibility for the CPO and will encourage concordance in relation to the individual's engagement with the mental health treatment requirement. This will require regular liaison with mental health specialists involved with the mental health treatment requirement.</p>

<p>Possible Outcomes</p>	<p>A mental health treatment requirement is imposed to enable the individual to access assessment and treatment by or under the direction of a registered medical practitioner or registered psychologist with a view to the improvement of the individual's mental health.</p> <p>This treatment will be determined by the opinion of a registered medical practitioner or registered psychologist and should be recorded and updated in the case management plan. Treatment can be provided to the individual either as: an inpatient in a hospital, (other than in the State Hospital); a non-resident patient at a hospital or other place as may be specified; or may be specified to be under the direction of such registered medical practitioner or registered psychologist as appropriate to the individual in terms of their mental health and social circumstances.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>For a mental health treatment requirement to be imposed under a CPO, the court has to be satisfied, following evidence from a registered medical practitioner, that:</p> <ul style="list-style-type: none"> • the individual suffers from a mental health condition; • the condition requires and may be susceptible to treatment; and that the condition is not such as to require compulsory treatment under section 64 of the 2003 Act or a compulsion order under section 57A of the 1995 Act. <p>Where consideration is being given after conviction to the imposition of a mental health treatment requirement, to assist in decision making the court may wish to request a psychiatric report which may include a multidisciplinary assessment.</p> <p>The court also has to be satisfied (on evidence from the registered medical practitioner or registered psychologist who will be giving the treatment), that the proposed treatment by the doctor or psychologist for the individual is appropriate, and that arrangements have been made for the treatment to be given to the individual.</p> <p>The CJSWR author must therefore liaise with the relevant medical personnel in advance to determine these facts.</p>

COMMUNITY PAYBACK ORDER: TREATMENT: DRUGS

<p>Interventions suitable for</p>	<p>Criminal Justice Social Work clients who have been formally assessed by a criminal justice social worker as having identified drug issues but where an individual has not established a chronic history of drug misuse.</p>
<p>Programme Title and Provider Details of all Specific national or local scheme/intervention(s) available</p>	<p>Drug Treatment Requirement</p> <p>A drug treatment requirement might be imposed when there are drug issues identified, but where an individual has not established a chronic history of drug misuse. Such a requirement will only be imposed in addition to an offender supervision requirement.</p> <p>At present we are recruiting two specified workers who will be based in the Integrated-Drug and Alcohol Rehabilitation Team (I-DART) who will provide an assessment at the Court report stage and thereafter work on the specific drug or alcohol issues with the person if they are given such a requirement.</p>

	<p>The Specified Person will lead the engagement with regards to substance misuse issues, and any social issues which interconnect. CJSW involvement will vary, working in the background when substance misuse is the sole issue, but undertaking specified offence focused work where required.</p>
Possible Outcomes	<p>Where a drug treatment requirement is imposed, a case management plan will be compiled by the specified worker setting out what treatment and interventions are planned to address an individual's drug misuse.</p> <p>This process can commence at the CJSWR stage and will be added to once the CPO commences. The aim of all treatment should be recovery from drug use.</p>
Process for Assessment and/or inclusion in scheme/intervention	<p>The author of the CJSWR will liaise with the specified worker who will assess whether the individual appears to have a drug problem related to their offending behaviour and if treatment is already in place.</p> <p>If treatment is already in place it may not be necessary for this requirement however there will be issues of compliance and motivation to change which will be taken into consideration to determine the most effective course of action and recommendation to the court.</p>

COMMUNITY PAYBACK ORDER: TREATMENT: ALCOHOL

Interventions suitable for	<p>Criminal Justice Social Work clients who have been formally assessed by a criminal justice social worker as having a dependence on alcohol that has contributed to their offending behaviour.</p>
Programme Title and Provider	<p>Alcohol treatment requirement</p>
Details of all Specific national or local scheme/intervention(s) available	<p>An alcohol treatment requirement may be considered where the individual's dependence on alcohol contributes to the offending behaviour. Addressing an individual's alcohol dependence can therefore help address offending behaviour as well as wider personal and social needs.</p> <p>At present we are recruiting two specified workers who will be based in the Integrated-Drug and Alcohol Rehabilitation Team (I-DART) who will provide an assessment at the Court report stage and thereafter work on the specific drug or alcohol issues with the person if they are given such a requirement.</p> <p>The Specified Person will lead the engagement with regards to substance misuse issues, and any social issues which interconnect. CJSW involvement will vary, working in the background when substance misuse is the sole issue, but undertaking specified offence focused work where required.</p>

<p>Possible Outcomes</p>	<p>The aim of the alcohol treatment requirement should be recovery from alcohol dependency.</p> <p>Where a CPO including an alcohol treatment requirement is imposed, a case management plan will require to be compiled by the responsible officer which should indicate what treatment and interventions the individual will receive to address their alcohol dependency.</p> <p>It should also ensure that individuals are well supported to participate in treatment and follow up on goals they have set as a result of it.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>The author of the CJSWR will liaise with the specified worker who will assess whether the individual appears to have an alcohol problem related to their offending behaviour and if treatment is already in place.</p> <p>If treatment is already in place it may not be necessary for this requirement however there will be issues of compliance and motivation to change which will be taken into consideration to determine the most effective course of action and recommendation to the court.</p> <p>The legislation states that the court must be satisfied that: the offender is dependent on alcohol; the dependency requires, and may be susceptible to, treatment; arrangements have, or can be made, for the proposed treatment to take place including where treatment is to be residential, and details of such arrangements.</p>

DRUG TREATMENT AND TESTING ORDER (DTTO)

<p>Interventions suitable for</p>	<p>Criminal Justice social work clients who have been jointly assessed as suitable by both a DTTO nurse and DTTO social worker</p>
<p>Programme Title and Provider</p> <p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Drug Treatment and Testing Order (DTTO)</p> <p>A Drug Treatment and Testing Order (DTTO) is a court order that is aimed at assisting offenders to reduce their drug use and related offending. The order is managed by a partnership between the Criminal Justice Services and NHS Tayside (TSMS).</p> <p>Before being placed on a Drug Treatment and Testing Order, the offender must give agreement, and must be willing to:</p> <ul style="list-style-type: none"> • accept treatment for drug misuse; • be frequently and randomly drug tested; • attend court on at least a monthly basis so that the Sheriff can review progress;

	<ul style="list-style-type: none"> • be supervised by the DTTO workers (Social Work and Health Staff). <p>Interventions include:</p> <ul style="list-style-type: none"> • Assessment • Harm reduction • Health promotion • Advice and information • Individual counselling • Detoxification programmes • Tolerance testing • Specialist medical treatment service • Drug testing • Referrals to other agencies/liaison with other services. •
<p>Possible Outcomes</p>	<p>The objectives of a DTTO are to:</p> <ul style="list-style-type: none"> • Reduce or eliminate an offender’s dependency or propensity to misuse drugs; • Achieve positive changes in the scale and frequency of drug related offending <p>Other possible outcomes include:</p> <ul style="list-style-type: none"> • service users may have improved their physical health • service users may have improved their psychological and emotional wellbeing • service users may have improved their quality of life • service users may have reduced their risk taking behaviour/changed their method of use • services users may have increased their self-confidence and self esteem
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Legislative Criteria: the Crime and Disorder Act 1998 makes it clear that a DTTO may only be imposed where the court is satisfied that:</p> <ul style="list-style-type: none"> • The offender is dependent on or has propensity to misuse drugs, and • The dependency or propensity requires and may be susceptible to treatment • The offender is a suitable person to be subject to an order. <p>There is no legal definition of a suitable person, but it is suggested that suitability is determined by such factors as motivation to address drug dependency and sufficient stability of location and circumstances, to enable both supervision and treatment to take effect.</p> <p>In order to inform the court on the suitability of such an order a request for a DTTO Assessment should be made allowing a period of six weeks. A joint assessment will be undertaken by Criminal Justice and NHS to determine suitability.</p> <p>The DTTO nurse and DTTO social worker will undertake a joint assessment of suitability to include:</p> <ul style="list-style-type: none"> • Whether an Order is indicated by the level of offending and the link between offending and substance misuse;

	<ul style="list-style-type: none"> • The individual's suitability for DTTO; • Likely length of Order (usually 2 years); and • Any outstanding issues or complex needs
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STRUCTURED DEFERRED SENTENCE (Right Track)

Interventions suitable for	Offenders aged 16-26 years old who have been breached for noncompliance and/ or repeat offenders at risk of CPO who have identified needs which may best be met with more intensive/ practical involvement over a six month period.
Programme Title and Provider	Structured Deferred Sentence (Right Track)
	<p>The aim of the Right Track 16-26 programme is to engage with 16-26 year old offenders in a six month Structured Deferred Sentence programme with the aim of stabilising their lifestyle, reducing their offending and thus mitigating a potential custodial sentence. The programme requires offenders:</p> <ul style="list-style-type: none"> • To attend individual meetings with the Supervising Officer in order to discuss, identify and address their criminogenic needs • To attend and participate in Weekly Group Sessions with other young offenders, at which information from a number of partner agencies is presented. • To attend and participate in a weekly 'Work Project' which is aimed at preparing young people for future Unpaid Work Requirements required by the court. <p>These projects can involve:</p> <ul style="list-style-type: none"> • Graffiti Removing • Community Projects • Litter Picking • Gardening <p>To attend timeously, behave appropriately and participate actively in the programme at all times.</p>
Details of all Specific national or local scheme/intervention(s) available	
Possible Outcomes	<p>The programme outcomes are to:</p> <p>Break the cycle of offending Address any identifiable criminogenic needs and/or assist with any welfare issues, which may be attributed to their offending behavior Receive a mitigated sentence/outcome or possible admonishment on their return to court at the end of the Programme.</p> <p>Success for the client will be:</p> <p>To break their cycle of offending To help them to recognise the consequences of their actions Put a strategy in place which will give them the opportunity to turn their lives around To take action 'before it is too late' To live a more stable and pro-social lifestyle</p>

Process for Assessment and/or inclusion in scheme/intervention	Offenders who have been breached for non-compliance and/ or repeat offenders at risk of CPO who have identified needs which may best be met with more intensive/ practical involvement over a six month period.
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THIRD SECTOR PROGRAMMES

Interventions suitable for	Adults
	Males aged 16+
Programme Title and Provider	<p>Steps – employability service. Apex service.</p> <p>New Routes – intensive service for males being released out of prison. Service run by Wisegroup with Apex, Sacro, and Turning Point. Was for under 26's but currently working with all ages.</p>
Details of all Specific national or local scheme/intervention(s) available	<p>Both national services. Both cover the whole of Tayside.</p> <p>Steps is an ESF funded service that assists those who have multiple barriers to employment or who are long term unemployed. Our objective is for each individual to complete their action plan by moving into employment, training, more advanced qualifications or progression to stage 3 providers on the Employability Pipeline.</p> <p>New Routes provides offenders with specialist one-to-one support through mentoring, while promoting strong partnerships between other organisations. Our customers are supported by Apex mentors for six months before release, and again post liberation as they reintegrate back into the community.</p>
Possible Outcomes	Employment, training, education, housing, engaging with community, family connections, support for substance usage.
Process for Assessment and/or inclusion in scheme/intervention	<p>Referral can be made directly to Apex for Steps.</p> <p>Self-referral can be made by offenders whilst they are in prison or from other agencies who are working with prisoners within the prison for New Routes.</p>

Interventions suitable for	Clients with mental health disorders (including learning difficulties and dementia) or who are at risk and in need of support
Programme Title and Provider	Perth and Kinross Independent Advocacy
Details of all Specific national or local scheme/intervention(s) available	<p>Perth and Kinross Independent Advocacy aims to help people by supporting them to express their own needs and make their own informed decisions. Independent advocates support people to gain access to information and explore and understand their options.</p> <p>They speak on behalf of people who are unable to speak for themselves or choose not to do so. They safeguard people who are vulnerable or discriminated against or whom services find difficult to support.</p>

Possible Outcomes	<p>Examples of ways Independent Advocacy can help include:</p> <p>Help to prepare for and attend meetings/ speak on behalf of the client</p> <p>Help write letters/ make phone calls and source information for the client</p> <p>Help to identify what options the client has and support them in pursuing them</p> <p>Make sure the client voice and views are heard</p> <p>Treat the client as an individual and listen to them only</p>
Process for Assessment and/or inclusion in scheme/intervention	<p>Referral can be made by the client themselves or by someone else</p>

Interventions suitable for	<p>Young people aged 16 to 25, especially if they are part of the Trust's other target groups, which are: people leaving care, young offenders, educational underachievers and the long term unemployed.</p>
Programme Title and Provider	<p><u>Perth and Kinross YMCA, Princes Trust Programme Team</u></p>
Details of all Specific national or local scheme/intervention(s) available	<p>The Princes Trust team programme has been changing the lives of young people across the UK for over 20 years. The 12 week personal development programme gives young people a wide variety of experiences, skills and qualifications to prepare them for the next steps in life.</p> <p>Young people join a team of up to 15 participants. A team typically comprises around 12 unemployed people and one to two employed people sponsored by their employers.</p> <p>During the 12 week programme, team members spend a week away at a residential activity centre, undertake a project based in their local community, complete a work placement, participate in a team challenge and stage a team presentation, during which they recount their experiences.</p>
Possible Outcomes	<p>Uncovering hidden talents</p> <p>Assume responsibility for some tasks</p> <p>Develop team-working and communication skills</p> <p>Gain awareness of their local community, and how they can contribute to it</p> <p>Gain nationally recognised qualifications</p>
Process for Assessment and/or inclusion in scheme/intervention	<p>Referral can be directly to YMCA Perth and clients will be assessed for suitability for inclusion on the scheme</p>

Interventions suitable for	Clients who have physical and learning disabilities, autism and also older people
Programme Title and Provider	<u>Hillcrest Futures</u>
Details of all Specific national or local scheme/intervention(s) available	<p>Provide a range of services in the areas of physical and learning disabilities, autism and older people.</p> <p>Further services include supporting positive mental health and wellbeing, homelessness and drug, alcohol and recovery services.</p>
	<p>This is done by:</p> <p>Providing flexible, creative, responsive and person-centred services</p> <p>Developing and training staff to be the best care providers</p> <p>Ensuring quality accommodation in the community and;</p> <p>Assisting to deliver employment and leisure activities to services users.</p> <p>Work is carried out in people's homes in the community and in temporary and supporting accommodation providing support from 1 hour a week to 24 hours a day.</p> <p>For example, concerning alcohol and substance misuse, a range of interventions are offered including:</p> <p>One-to-one support;</p> <p>Mutual aid (including SMART and SMART families);</p> <p>Recovery activities and group;</p> <p>Harm reduction advice;</p> <p>Overdose prevention and Naloxone distribution;</p> <p>Blood Borne Virus testing and treatment; and</p> <p>Sexual health information and screening.</p>
Possible Outcomes	Depending on identified needs, possible outcomes include positive mental health and wellbeing; reducing homelessness and recovery from drug and alcohol misuse.
Process for Assessment and/or inclusion in scheme/intervention	Referral can be made directly to Hillcrest Futures whereby the needs of the client will be assessed.

Interventions suitable for	Men from 18 years upwards
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Programme Title and Provider	<u>Perth Men's Shed</u>
Details of all Specific national or local scheme/intervention(s) available	<p>Perth's Men's Shed aims to provide men for all ages and backgrounds with a safe and busy environment in which they can improve their physical, mental and social health, productivity and value to the community through the development of a facility in which men can meet and undertake physical and recreational activities of their choice.</p> <p>The group now has access to hand tools for both metal and woodwork to undertake various projects and share the skills of the group round. Within</p>
	the Shed, there are engineers, joiners, administrators and even a nurse. As part of the Shed programme, Speakers present once a month.
Possible Outcomes	Improvements in physical, mental and social health, productivity and value to the community.
Process for Assessment and/or inclusion in scheme/intervention	<p>The group meets at the North Inch Community Campus on Wednesday nights from 5pm to 8pm or Saturdays 10am to 3pm.</p> <p>COVID-19: some services may be operating different opening times. The service should be contacted directly ahead of attending to ensure it is open and to confirm any changes – 01738 628 985.</p>

Interventions suitable for	Men over 18 years old who are experiencing mental health issues
Programme Title and Provider	<u>Andy's Man's Club</u>
Details of all Specific national or local scheme/intervention(s) available	The group is a peer to peer support group for men over 18 to help them through life. They are seeking to challenge the stigmas of mental health and to promote suicide prevention across the whole of the UK.
Possible Outcomes	Improved mental health and wellbeing, suicide prevention, improved self-esteem and social support.
Process for Assessment and/or inclusion in scheme/intervention	No referral is required. The group can be contacted via Facebook, by email or by attendance at The Neuk, 18 St Pauls Square, Perth on Mondays at 7.00p.m. (except Bank Holidays).

Interventions suitable for	16-24-year olds who are unemployed
Programme Title and Provider	<u>Barnardo's Works, Barnardos</u>
Details of all Specific national or local scheme/intervention(s) available	<p>Work with young unemployed people to support them to learn new skills, experience the workplace and move into positive destinations.</p> <p>This is delivered through 1:1 interventions and small group work.</p>
Possible Outcomes	Young people develop the skills and abilities to move into and sustain a positive destination.

<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Referrals through partners agencies such as SDS (Skills Development Scotland), JCP (Job Centre Plus) etc and self-referrals</p>
<p>Interventions suitable for</p>	<p>Adult females who are:</p> <p>Currently serving a custodial sentence in Scotland of less than four years and not subject to a statutory order or;</p> <p>On remand;</p> <p>Subject to a Community Payback Order.</p>
<p>Programme Title and Provider</p>	<p><u>Shine Women's Mentoring Service</u></p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Shine provides a mentor who will provide practical and emotional support and assistance for a minimum of six months. The mentor will work with the client to:</p> <p>Identify their priority needs</p> <p>Prepare a mentoring plan</p> <p>Maintain weekly contact to develop a positive relationship and assist when required</p> <p>Ensure regular discussion about the mentoring plan and progress including a review and update every 6 weeks</p> <p>Agree an exit plan for the service</p>

<p>Possible Outcomes</p>	<p>Shine can provide support and assist in a variety of areas. These include:</p> <p>Practical support to help meet the requirements of a CPO</p> <p>Support to attend appointments and maintain contact with other agencies and services</p> <p>Support to address domestic violence and sexual abuse and access appropriate support services</p> <p>Support to access appropriate mental health services</p> <p>Reduce social isolation</p> <p>Provide housing advice and support</p> <p>Support to access benefits</p> <p>Support to coming to terms with the implications of childhood trauma and abuse</p> <p>Help completing forms, including housing, DWP and emergency grants</p> <p>Promote independence and choice</p> <p>Enhance life and social skills (such as budgeting, housekeeping and cooking)</p> <p>Improve opportunities to access employment, training and voluntary work</p> <p>Support the return home to the community</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Women can be referred by a range of professional including:</p>
	<p>Criminal Justice Social Workers</p> <p>Scottish Prison Service Staff</p> <p>Health professionals</p> <p>Any other organisation involved in the women's support, so long as they meet the referral criteria</p> <p>Women can also self-refer</p>
<p>Interventions suitable for</p>	<p>Individuals who may have a range of different needs e.g. housing, substance misuse, mental health.</p>

Programme Title and Provider	<u>Anchor House, Perth</u>
Details of all Specific national or local scheme/intervention(s) available	<p>Anchor House works to help people overcome the causes and consequences of social exclusion, homelessness, poverty, unemployment, health inequality and community disintegration. It is a major provider of support and temporary accommodation services operating in Perthshire.</p> <p>The aim is to drive forward and develop solutions that take into account the wider social and economic factors which impact on the lives of communities and individuals. The service provision is focused on the individual needing support and is pragmatic at working at sustainable solutions.</p> <p>The organisation works across agencies in order to pool limited resources and more effectively respond to the problems identified.</p> <p>The organisation provides floating housing support throughout Perthshire and currently supports around 50 people in their own homes. It also has the Crieff Road Accommodation Unit which is a supported unit for male and female service users.</p>
Possible Outcomes	Stable housing; improved financial situation; improved health outcomes; enhanced employability prospects
Process for Assessment and/or inclusion in scheme/intervention	Self users can self refer or agencies can contact to make a referral on behalf of a potential self user by phone or email.

Interventions suitable for	Adults with complex needs and challenging behaviours
Programme Title and Provider	<u>Turning Point Scotland, Perth and Kinross service</u>
Details of all Specific national or local scheme/intervention(s) available	Provides support to adults with complex needs and challenging behaviours. There are three supported projects in Perth with different types of accommodations suited to individual need.

	<p>The objective of the service is to manage the risks involved in supporting individual in the community while maximising the opportunities for improving the quality of life and participating in the community. The strength of the service is the partnership working with local agencies like health and social services to ensure the individual can lead as fulfilling and independent as life as possible but in a safe and stable environment. The aim is to work with individuals to maintain their place in the community instead of remaining in a hospital environment long-term. The main office in Perth has a garden project to promote healthy lifestyles and nutrition and provides opportunities for educational and social activities.</p> <p>The range of support provided includes:</p> <p>Housing support</p> <p>Care at home</p> <p>Residential care</p> <p>Crisis intervention</p> <p>Community rehabilitation</p> <p>Social Enterprise</p>
<p>Possible Outcomes</p>	<p>Turning Point's vision is of a Scotland where everyone has a safe place to call home and the chance to fill their time with meaningful and enjoyable activity.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>People are referred via social work and social care services, or NHS Trusts.</p>
<p>Interventions suitable for</p>	<p>Women aged 16+ who have been involved in offending or at high risk of offending</p>
<p>Programme Title and Provider</p>	<p><u>Next Steps, Venture Trust</u></p>

<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Next Steps is for women whose backgrounds have led to their involvement in offending or to experience homelessness or misuse of drugs or alcohol which may impact on their wellbeing, relationships and life circumstances.</p> <p>After an assessment period, individuals are supported to identify the changes they want to make in their lives and develop goals to help achieve them.</p> <p>During this period, Venture Trust offer regular community based outreach support to identify and mitigate against any barriers prior to offering a 5-day supportive residential based Wilderness Journey usually in the highlands of Scotland.</p> <p>The Wilderness Journey focusses on supporting individuals to develop the skills and coping strategies to maintain their motivation to implement the changes on their return. Further outreach support back in their local community encourages progression and embedding positive changes.</p> <p>The programme provides support for up to 9 months helping individuals to make and sustain connections to services and employment, education, training or volunteering opportunities within their communities.</p> <p>** Venture Trust does not currently work with registered sex offenders or those subject to Multi-Agency Public Protection Arrangements (MAPPA)</p>
<p>Possible Outcomes</p>	<p>Increased self-confidence, improved employability skills, reduced risk of reconviction, improved relationships, improved use of services, progression into employment, education training or volunteering</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Referrals can be made via an email to the local hub generic email or to the local hub referrals email address.</p>
<p>Interventions suitable for</p>	<p>Anyone who identifies as a woman aged 12+ years and boys aged 12-18 years who has experienced sexual violence at any time in their lives.</p>
<p>Programme Title and Provider</p>	<p><u>Rape and Sexual Abuse Centre, Perth and Kinross (RASAC P&K)</u></p>

<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>RASAC P&K offer free and confidential support to anyone who identifies as a woman aged 12+ years and boys aged 12-18 years who has experienced sexual violence at any time in their lives. Through their youth initiative, they also work with young people aged 12-18 across Perth and Kinross delivering a series of prevention workshops in schools and community settings as well as deliver training to professionals.</p> <p>RASAC P&K offers a range of support services including:</p> <p>Crisis support</p> <p>Therapeutic support</p> <p>Justice advocacy</p> <p>Group support</p> <p>Befriending</p>
<p>Possible Outcomes</p>	<p>RASAC P&K's vision has 4 elements:</p> <p>Prevention – to change societal attitudes and beliefs through awareness raising events, campaigns and education as well as working in collaboration with relevant agencies to eliminate gender-based violence against women</p> <p>Provision – to continually grow and adapt services in response to those who need them</p> <p>Participation – overcoming all barriers to give survivors a voice through the promotion of service user involvement</p> <p>Protection – creating a safe environment where women and young people can freely express themselves</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>An online referral form is available at the website. This must be signed by the individual who is being referred.</p>

<p>Interventions suitable for</p>	<p>Individuals over 11 years of age</p>
<p>Programme Title and Provider</p>	<p><u>Mindspace Counselling Service; Mindspace Recovery College and Mindspace Peer Support Hub</u></p>

<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Mindscape offers 3 key services. These are:</p> <p>Mindspace Counselling Service – counselling is delivered both in Perth City and at a number of rural locations around Perthshire. The counselling service is open to individuals over 11 years of age.</p> <p>Mindspace Recovery College is an award winning service that gives anyone in the local community the opportunity to learn more about living with and managing mental health.</p> <p>There are also sessions life skills, employability skills and supporting others through peer support. This is done working alongside people with lived experience of mental ill health. There is both a young people’s recovery college and an adult recovery college.</p> <p>Mindspace Peer Support Hub – sees peer support workers trained through the SQA accredited Mental Health Peer Support Professional Development Aware. They use their lived experience to provide one to one support to individuals experiencing mental health difficulties to enhance personal growth and promote hope, confidence, life skills, connections and independence within the community.</p>
<p>Possible Outcomes</p>	<p>Improve knowledge of mental health, build confidence, realise potential, participate in community life</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Referrals can made either by telephone or email.</p>

<p>Interventions suitable for</p>	<p>Women involved with Perth and Kinross Criminal Justice Social Work One-stop Women’s Learning Service (OWLS)</p>
<p>Programme Title and Provider</p>	<p><u>Women only mentoring, Tayside Council on Alcohol (TCA)</u></p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>The service helps women to develop their independence and quality of life, improve their social skills and motivation and work towards addressing a life free of offending. The focus of the service is supporting women who offend to make positive changes in their lives, changing behaviours, developing confidence and pro-social attitudes and ultimately, reducing reoffending. TCA mentor supports women to achieve goals and are able to offer both practical and emotional support</p>
<p>Possible Outcomes</p>	<ul style="list-style-type: none"> • Improved Engagement with Services • Improved Accommodation Status • Reduced Impact of Alcohol or Other Drugs • Increased Positive Use of Leisure Time • Increased Positive Use of Leisure Time • Life Skills - Improved Ability to Solve Everyday Problems • Improved Physical and Psychological Wellbeing • Reduction in Criminal Activity

Process for Assessment and/or inclusion in scheme/intervention	Referrals from Perth and Kinross Criminal Justice Social Work
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Interventions suitable for	Men involved with Perth and Kinross Criminal Justice Social Work
Programme Title and Provider	<u>Mentoring for Men, Tayside Council on Alcohol (TCA)</u>
Details of all Specific national or local scheme/intervention(s) available	<p>The service helps men to develop their independence and quality of life, improve their social skills and motivation and work towards addressing a life free of offending.</p> <p>The focus of the service is supporting men who offend to make positive changes in their lives, changing behaviours, developing confidence and pro-social attitudes and ultimately, reducing reoffending. TCA mentor supports men to achieve goals and are able to offer both practical and emotional support.</p>
Possible Outcomes	<ul style="list-style-type: none"> • Improved Engagement with Services • Improved Accommodation Status • Reduced Impact of Alcohol or Other Drugs • Increased Positive Use of Leisure Time • Increased Positive Use of Leisure Time • Life Skills - Improved Ability to Solve Everyday Problems • Improved Physical and Psychological Wellbeing • Reduction in Criminal Activity
Process for Assessment and/or inclusion in scheme/intervention	Referrals from Perth and Kinross Criminal Justice Social Work

Interventions suitable for	Anyone with Substance issues (Alcohol, Cocaine Cannabis, NPS, Gambling) in relation to offending behaviour where further assessment, information is required. Or significant others affected by someone with any of the issues
Programme Title and Provider	<u>Tayside Council on Alcohol (TCA) Counselling</u>
Details of all Specific national or local scheme/intervention(s) available	The client will be assessed in relation to the nature of substance use /alcohol, associated factors and plans for lifestyle change. This involves a range of psychosocial, motivational enhancement and cognitive behavioural techniques.
Possible Outcomes	Continued (reduced) monthly contact with client following counselling for up to 1 year. Ongoing support to maintain change.
Process for Assessment and/or inclusion in scheme/intervention	Referrals from Perth and Kinross Criminal Justice Social Work

Interventions suitable for	Clients who have complex issues and aren't quite ready for commencing counselling or need a break during counselling to address other issues e.g. Homelessness, Mental Wellbeing, financial difficulties etc
Programme Title and Provider	<u>Tayside Council on Alcohol (TCA) Collaborative Routes to Recovery (CRR)</u>
Details of all Specific national or local scheme/intervention(s) available	This service provides clients with some of the more practical support that counsellors are unable to offer. Supporting client with external issues gives the client an opportunity to be able to then focus on the more psychological side of any underlying issues and the goals they wish to achieve regarding behaviours.
Possible Outcomes	<ul style="list-style-type: none"> • Improved problem-solving skills • Social skills • Assertiveness skills • Improved confidence and self-esteem
Process for Assessment and/or inclusion in scheme/intervention	Referrals from Perth and Kinross Criminal Justice Social Work

Interventions suitable for	Family members of clients with substance use issues
Programme Title and Provider	<u>Tayside Council on Alcohol (TCA) Family Sessions</u>
Details of all Specific national or local scheme/intervention(s) available	Offers support to individuals (those affected by another's use) and Family Support using the Moari Family Conferencing Model. As a trauma informed service, creative approaches are encouraged and include 1:1 counselling, group work, using recognised tools and techniques that meet the individuals' needs.
Possible Outcomes	<ul style="list-style-type: none"> • Shared learning • Feeling less alone • Support from like- minded people
Process for Assessment and/or inclusion in scheme/intervention	Referrals from Perth and Kinross Criminal Justice Social Work

Interventions suitable for	There is particular emphasis on working with families and with people who have a disability or long-term health condition. However, other groups, such as criminal justice social work clients will also be eligible to take part.
Programme Title and Provider	<u>Community Advice Project, Perth Citizen's Advice Bureau (CAB)</u>

Details of all Specific national or local scheme/intervention(s) available	<p>CAB work with local partners to make it easy as possible for clients to access the full range of CAB services. This service is available in communities across Perth and Kinross.</p> <p>A specialist advisor will carry out a Financial Health Check to ensure that the client is receiving everything they are entitled to and will give advice on how to reduce energy costs and expenses.</p>
Possible Outcomes	Improved financial understanding, improved financial situation, better money management and budgeting
Process for Assessment and/or inclusion in scheme/intervention	Services can be accessed via telephone, email, webchat or drop-in. The website also provides details of all services offered.

Interventions suitable for	Veterans and their families
Programme Title and Provider	<u>The SAAFA VCJS Support Service (Veterans in the Criminal Justice System; Soldiers, Sailors, Airmen and Families Association)</u>
Details of all Specific national or local scheme/intervention(s) available	<p>The SSAFA CVJS Support Service is committed to giving veterans and their families a service that delivers. Our aim is to ensure that we offer a recognised and consistent service nationwide whilst meeting our five strategic objectives: effective support, awareness and understanding, sustainable resource, and collaborative working.</p> <p>The service has a positive approach and supports all of the Armed Forces community, no matter what the circumstances. The Armed Forces community includes all serving and ex-serving personnel from the Army, Royal Navy, Royal Marine, Royal Air Force whether regular or reservist, national service and families.</p> <p>A network of in-reach volunteers provides advice and information – not only those in custody, on probation or in the community, but also their families. The support offered is non-judgemental and holistic and includes:</p> <ul style="list-style-type: none"> Practical and emotional support Signposting to services Financial support Family support Travel assistance Accommodation
Possible Outcomes	Better mental health and wellbeing; improved relationships; improved financial situation, stable housing.

Process for Assessment and/or inclusion in scheme/intervention	Self-referral or referral by others can be made by phone, email or contacting the SSAFA Perth branch.
Interventions suitable for	Anyone in crisis who qualifies for a foodbank voucher
Programme Title and Provider	<u>Perth and Kinross Foodbank</u>
Details of all Specific national or local scheme/intervention(s) available	The foodbank is a project founded by local churches and community groups, working together towards stopping hunger in the local area. The Perth foodbank is part of The Trussell Trust's network of 428 foodbanks working to tackle food poverty and hunger in local communities, as well as across the UK.
Possible Outcomes	Short term relief from hunger and food poverty
Process for Assessment and/or inclusion in scheme/intervention	<p>Referrals are made only by referral agencies who will issue a foodbank voucher which can be exchanged for a parcel of three days of emergency food.</p> <p>Phone referrals are being accepted from existing agencies as are red vouchers. Examples of referral agencies include Social Work Services, Citizen's Advice, children's centres and health visitors.</p> <p>If someone is in need of food support, but has no access to a voucher, they should phone Perth & Kinross Council Community Support hotline: 0345 30 111 00 – for advice and/or a voucher.</p>

Interventions suitable for	People with a drug and/or alcohol addiction problem.
Programme Title and Provider	<u>SMART Recovery Programme</u>
Details of all Specific national or local scheme/intervention(s) available	<p>SMART recovery helps individuals recover from any addictive behaviour and lead meaningful and satisfying lives. It does this by using a sciencebased therapeutic programme of training.</p> <p>Through a partnership scheme, they work with most medium to large treatment providers across the UK as well as prisons, probation, rehab facilities, NHS and supported housing services.</p> <p>SMART Recovery Champions have helped to grow peer led SMART Recovery meetings, which in turn have helped their service users sustain the recovery gains they achieve within treatment services.</p> <p>The 4-point programme is the foundation and building blocks of SMART. Many of the tools and techniques can be used not only for the recovery journey, but to help deal with future problems and achieve more satisfaction and balance in life.</p> <p>The four points are: building and maintaining motivation; coping with urges; managing thoughts, feelings and behaviours and living a balanced life.</p>
Possible Outcomes	Equip clients with the skills to deal with future problems; improved satisfaction and balance in life.

Process for Assessment and/or inclusion in scheme/intervention	<p>To access the SMART Recovery Programme, clients can:</p> <p>Attend a SMART meeting in the local area or online</p> <p>Complete the SMART training</p> <p>Purchase a SMART handbook</p>
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Interventions suitable for	Family and Friends of people with a drug and/or alcohol addiction problem.
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Programme Title and Provider	<u>SMART Family and Friends Programme</u>
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Details of all Specific national or local scheme/intervention(s) available	<p>SMART recovery helps individuals recover from any addictive behaviour and lead meaningful and satisfying lives. It does this by using a science based therapeutic programme of training.</p> <p>Through a partnership scheme, they work with most medium to large treatment providers across the UK as well as prisons, probation, rehab facilities, NHS and supported housing services. SMART Recovery Champions have helped to grow peer led SMART Recovery meetings, which in turn have helped their service users sustain the recovery gains they achieve within treatment services.</p> <p>The SMART Family and Friends Programme (F & F) has used the four key points of SMART Recovery and adapted these to suit the needs of family and friends of people with a drug and/or alcohol addiction. Rather than focussing on the loved one, the F & F Programme invites participants to spend time concentrating on themselves and their goals, an area they may have been neglecting for some time.</p> <p>The F & F programme explores ways participants can look after themselves better; even in difficult and stressful circumstances, and establish healthier relationships with their loved one. Taking steps to make changes in life requires considerable courage. Participating in a supportive environment, comprised if people sharing similar experiences, will hopefully lessen feelings of isolation and instill a sense of hope.</p> <p>Topics covered include: change and motivation; self-care and self-rewards; positive communication, healthy boundaries, safety and support, disable the enabling and trust and forgiveness.</p>
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Possible Outcomes	Improved mental health and wellbeing, improved relationships.
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Process for Assessment and/or inclusion in scheme/intervention	Accessing SMART Family and Friends can be made by attending a local meeting and a weekly online meeting, purchasing a SMART Friends and Family handbook.
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Interventions suitable for	Anyone affected by problematic drug and alcohol use.
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Programme Title and Provider	<u>Phoenix Futures Scotland</u>
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<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Phoenix Futures are a charity and housing association which helps people overcome drug and alcohol problems. They provide residential, prison, community and specialist services.</p> <p>Drug and alcohol support workers use therapeutic practices to help those with substance misuse issues to look at the root of their problems and make positive changes. Through the Phoenix Plus model, they provide support in housing, family relationships, community engagement, and education and employability.</p>
<p>Possible Outcomes</p>	<p>Positive engagement with the local community; improved education and employability opportunities; positive family relationships and stable housing.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Contact with local services can be made by self-referral or by a referring agency by phone or email.</p>

<p>Interventions suitable for</p>	<p>Women, children and young people who are experiencing or have experienced domestic abuse</p>
<p>Programme Title and Provider</p>	<p><u>Perthshire Women's Aid</u></p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Perthshire Women's Aid is a charity supporting women, children and young people who are experiencing or have experienced domestic abuse, operating throughout Perthshire. They provide confidential support, information and access to temporary accommodation.</p> <p>Support is provided in a non-judgmental, friendly, kind way whether you are still in a relationship or experiencing difficulties now the relationship has ended. We support anyone who identifies as a woman and support is provided either face to face at premises, over the phone, or by arranging a confidential visit at a place of choice.</p> <p>The following services are offered:</p> <p>Women's Support Service (including refuge accommodation)</p> <p>Children and Young People's Support Services</p> <p>Domestic Abuse Advocacy Service</p> <p>Freedom Programme</p> <p>Counselling Service</p> <p>Cedar Project</p>
<p>Possible Outcomes</p>	<p>Emotional support; Practical support such as help with safety planning, money, housing or benefits; improved mental health and wellbeing; improved self-esteem and confidence.</p>

Process for Assessment and/or inclusion in scheme/intervention	Support can be accessed on a self-referral basis or via referral from an agency.
Interventions suitable for	Support is offered to any interested parties
Programme Title and Provider	<u>Perth and Kinross ADHD Support Group (ADHD+)</u>
Details of all Specific national or local scheme/intervention(s) available	Perth and Kinross ADHD+ is a registered charity which was set up in 2003 to provide help, support, information and services to children, young people and families suffering from, or dealing with Attention Deficit Hyperactivity Disorder (ADHD) and other social, emotional and
	behavioural disorders. It is the only organisation in Perth and Kinross who offers in-depth and continuous specialised services for ADHD. Services include a Duke of Edinburgh Youth Group, Befriending, Family Worker, monthly parent support group meetings and parenting classes.
Possible Outcomes	Improved relationships; improved mental wellbeing
Process for Assessment and/or inclusion in scheme/intervention	The Group can be contacted by phone or through the PKAVS Carer's Hub.