

DETAILS	
Local Authority area	Angus
Primary Courts of relevance	Forfar Sheriff Court & Dundee Sheriff Court
All information provided by	Angus Community Justice Partnership

INFORMATION ACCURATE AS AT 18.11.2022

OVERVIEW
The information contained within this document is provided to assist in judicial awareness of local area disposal options.
Please note: All information contained within this document has been provided to Community Justice Scotland (CJS) by the relevant Community Justice Partnership, or similar; this information has not been generated by CJS. However, any feedback or queries should be directed to CJS using the following email address: info@communityjustice.scot where all enquiries will be dealt with in collaboration with the relevant Community Justice Partnership, or similar.

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Glossary of Terms	
ACE	Adverse Childhood Experiences
CJA	Community Justice Assistant
CJSWR	Criminal Justice Social Work Report
CMHT	Community Mental Health Teams
CPO	Community Payback Orders
HTSDS	High Tariff Structured Deferred Sentence
LS/CMI	Level of Service Case Management Inventory
LTSDS	Low Tariff Structured Deferred Sentence
MFMC	Moving Forward Making Changes
RM2000	Risk Management 2000
SA07	Stable 2007 and Acute 2007 Sexual Offending Assessment Tool
SARA	Spousal Assault Risk Assessment Version 3
SCBU	Special Care Baby Unit
SDS	Structured Deferred Sentence
TIA	Trauma Informed Approach

UPW Unpaid Work

BAIL SUPERVISION

Interventions suitable for	Individuals aged 16 and over who have been assessed as suitable for Bail Supervision.
Programme Title and Provider	Bail supervision
Details of all Specific national or local scheme/intervention(s) available	<p>Bail Supervision in Angus provides a robust assessment of the individuals criminogenic (issues associated with their offending) and/or social needs to assess if they can be safely released on bail and/or would be at risk if a period of remand/custody were imposed. Bail offers a period of intensive support via referrals to relevant services to help the individual address any needs, whilst also testing their compliance to bail conditions.</p> <p>Priority for bail supervision is given to:</p> <ul style="list-style-type: none"> • People suffering mental health problems • Women • Single parents • Young people aged between 16 - 21 (and up to 26 years for those with care experience)
Possible Outcomes	<ul style="list-style-type: none"> • To increase the confidence of courts in the successful completion of bail periods through the availability of supervision • To reduce the number of individuals remanded to custody • To encourage greater confidence in the use of non-custodial disposals by the court as a result of the experience of successful completion of periods on bail supervision • To provide appropriate support to individuals in the community, which minimises disruption to families, employment and housing, while ensuring compliance with bail conditions <p>https://www.gov.scot/publications/national-guidance-bail-supervision/documents/</p>
Process for Assessment and/or inclusion in scheme/intervention	<p>The client will be interviewed at Court following the guidelines outlined above to form an assessment for bail supervision, taking the following into consideration:</p> <ul style="list-style-type: none"> • Public/Witness Protection • The nature of the charges • Outstanding charges, including previous breaches of bail • Previous offending and patterns • Previous response to bail • Willingness and motivation of person to comply with bail supervision • Suitability of accommodation • Areas in the individual's life requiring intensive support during the bail period • Substance dependencies • Employment situation • Caring responsibilities/commitments • A risk assessment around safety of interaction between individuals and supervising officer, particularly in relation to the undertaking of home visit

	A decision will be reached as to whether the individual is suitable for bail supervision after the above information has been gathered.
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COMMUNITY PAYBACK ORDER: UNPAID WORK

Interventions suitable for	Clients are assessed by a CJSW to consider their suitability for unpaid work and specify appropriate interventions that could be considered as part of 'Other Activity'. In circumstances where a CJSWR was not requested by the Court, an assessment is undertaken post-sentence during the induction period by a responsible person.
Programme Title and Provider	Unpaid Work & Other Activity Requirement Case held, monitored, and reviewed by qualified responsible officer within Justice Services (either a Social Worker or CJA, depending on the client's level of risk).
Details of all Specific national or local scheme/intervention(s) available	<p>Angus have a specific UPW team with dedicated Supervisors overseeing the work of clients. Clients undertake work across Angus as part of a team or through individual placements.</p> <p>UPW allow clients to understand the value of team work and gain experience and skills in several areas through the community projects they are involved with across Angus i.e. youth clubs, community halls and hubs, football clubs, schools, playparks, work at local churches, community gardening/maintenance, painting local buildings, Graffiti removal, refurbishing of public park benches and premises, landscaping, creation of the Flower Meadows and recycling of unwanted bicycles in partnership with Angus Cycle Hub, along with local charity shop placements.</p> <p>The 'Other activity' element of UPW provides clients with early intervention work to address any identified needs around issues such as relationships, substance misuse, anger management, employability, bereavement, and educational or social support via programmes such as Alcohol Awareness, Anger Awareness, Problem Solving, Consequential Thinking, Coping Strategies and Parenting Skills facilitated jointly by Justice and Children's Services workers.</p> <p>The programme helps clients gain a better understanding of their behaviour and the impact their actions have had on their victims and the community.</p> <p>Angus also have the Glen Isla Project (specific for women) who engage with local communities and projects through various initiatives; music class, DIY, dressmaking and 'bonding squares' for parents of new-born babies in SCBU. These activities increase the women's mental and physical wellbeing, equip them with new skills and raise their confidence and self-esteem.</p> <p>Most referrals are received directly from members of the public, a strong indicator that the community and services understand the value of UPW.</p> <p>https://www.gov.scot/publications/criminal-justice-social-work-reports-and-court-based-services-practice-guidance/</p>

<p>Possible Outcomes</p>	<p>The main aims of UPW and ‘Other Activity’ as part of a CPO are:</p> <ul style="list-style-type: none"> • to provide courts with a community-based penalty which has the potential to achieve a positive outcome in respect of the individual’s likelihood of reoffending • to ensure that courts have access at all times to a community sentence for use as a first response which requires the individual to undertake UPW for a specified number of hours in the community • to provide a high-quality community-based intervention which balances pay back to the community with opportunities for individuals to address their offending behaviour whilst supporting them towards positive change • to provide individuals with an opportunity to gain the skills and access the supports required to lead positive lives and stop offending. <p>It also enhances clients existing skills to promote employment and/or learning opportunities. Increases their motivation self-esteem, confidence and overall health & wellbeing, along with providing a visible means of paying back to the community.</p> <p>https://www.gov.scot/publications/community-payback-order-practice-guidance/pages/22/</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>A CSWR (pre-sentence assessment) is completed focusing on the pattern, nature, seriousness, likelihood and imminence of reoffending to inform the suitability of an UPW requirement, along with a LS/CMI Quickscore Risk Assessment to assess risk, needs and previous response to supervision of UPW or other Orders.</p> <p>An assessment of any relevant issues including general health, substance use, financial situation, home and family circumstances, literacy, medication (dispensing times conflicting with UPW start/finish times) and any travelling issues will be completed by the Supervisor on the UPW assessment form post-sentence and prior to the client being placed on a team or individual placement.</p> <p>The client must also give his consent to comply with UPW at the CJSWR interview stage before the programme can be recommended to the court or when formally assessed by the responsible officer at the post-sentence induction stage.</p>

GLEN CLOVA PROJECT: VOLUNTARY

<p>Interventions suitable for</p>	<p>This gender specific service is suitable for women aged 16 plus who may be affected or experiencing adverse poverty and/or who would benefit from early intervention, support and guidance.</p>
<p>Programme Title and Provider</p>	<p>Glen Clova Project</p> <p>Locally developed inhouse project designed to support women including expectant mothers.</p>
<p>Details of all Specific national or local</p>	<p>This voluntary support is delivered using a TIA within a secure and therapeutic one-stop-shop environment that offers holistic support to the women, their unborn child/children and young people.</p>

scheme/intervention(s) available	
Possible Outcomes	<p>The aims of the project are to support the women to build confidence and self-esteem to address any inequalities and disadvantages they, their children and young people might be experiencing so they can improve their opportunities to achieve success.</p> <p>Support them to attend medical appointments to improve their overall wellbeing and those of their children/unborn child, so they can have the best start in life. Provide individual and group activities that offers practical and emotional support to help keep themselves, their children and/young people safe and protected from harm.</p> <p>Families in Angus benefit from the products made by the women e.g., 'bonding squares' for parents of new-born babies in the SCBU, which are also donated to local charities.</p>
Process for Assessment and/or inclusion in scheme/intervention	<p>Women can self-refer or be referred to the project via various statutory and voluntary agencies and services.</p> <p>Criteria for referral:</p> <ul style="list-style-type: none"> • Women who have support needs in respect to parenting, likely to result in an adverse impact on their children • Women at risk of entering the criminal justice system • Women who are pregnant and due to give birth or at risk of losing the care of their child <p>If the women do not fit the criteria but would benefit from this type of support, services can contact the project direct to discuss their secondary criteria.</p>

COMMUNITY PAYBACK ORDER: SUPERVISION

Interventions suitable for	Individuals who have been formally assessed by a CJSW as being suitable to become subject to a supervision requirement.
Programme Title and Provider	<p>Supervision requirement</p> <p>Cases are held, monitored, and reviewed by a Social Worker within Justice Services.</p>
Details of all Specific national or local scheme/intervention(s) available	<p>When the client becomes subject to a supervision requirement, the management and monitoring of the requirement will be overseen by a responsible officer who is suitably qualified and a registered social worker.</p> <p>Whilst accountability of the supervision requirement rests with the responsible officer, a non-social work qualified staff i.e., CJA where appropriate, will undertake work with the client as part of their order.</p> <p>Section 227G of the 1995 Act defines client supervision as: www.legislation.gov.uk > ukpga > 1995 > contents</p> <p>'during the specified period, the client must attend appointments with the responsible officer, or another person determined by the responsible</p>

	<p>officer, at such time and place as may be determined by the responsible officer for the purpose of promoting the client’s rehabilitation.’</p> <p>The court must impose a supervision requirement in the following situations:</p> <ul style="list-style-type: none"> • where the individual is aged under 18 • where the court imposes any requirement other than an UPW or ‘Other Activity’ requirement • where the court imposes two or more requirements <p>The responsible officer has two key roles:</p> <ul style="list-style-type: none"> • to work with the individual and relevant others to achieve change in the individual’s behaviour to encourage desistance from offending behaviour • to work with the individual to achieve compliance. <p>The responsible officer will use the LS/CMI at regular periods throughout the duration of the client’s order to develop effective planning, management and monitoring of the case management plan, which is tailored around addressing the clients criminogenic and social needs.</p> <p>The risk assessment is shared with the client who agrees and signs the action plan.</p>
<p>Possible Outcomes</p>	<p>The main aims of a supervision requirement are to motivate and support the client to stop from further offending and support the client to comply with the intervention offered to them to achieve the intended outcomes. The responsible officer reviews the clients progress and provides reports to court as/and when required, and help the client overcome any obstacles that might hinder the successful completion of their CPO.</p> <p>The responsible officer is accountable for ensuring the level of supervision intensity is complied with. This will be determined by regular assessment of the pattern, nature, seriousness, likelihood and imminence of offending. Formal departmental reviews will maintain or vary the case management plan following a review of the client’s progress and compliance with their order.</p> <p>In addition to deciding the level of contact, the responsible officer must also give consideration to the purpose and nature of the contact. This will be determined by the assessed likelihood of offending and geared towards meeting the specified outcomes detailed in the case management plan. The responsible officer must clarify and share any separate issues relating to the risk of offending and risk of harm with others involved with the client.</p> <p>An aftercare plan is also arranged with services involved with the client during the duration of the CPO, to ensure a continuity of support is in place where necessary once the CPO has been successfully completed.</p>

<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>A CJSWR will be undertaken considering the pattern, nature, seriousness, likelihood and imminence of reoffending to inform decisions about whether a community sentence is feasible.</p> <p>The assessment should also take into account whether a supervision/intervention is required to address the individual's offending behaviour, or if there are indicators of harm to others which warrant a more in-depth, offence specific or specialist assessment (particularly in the case of violent or sexual offences):</p> <ul style="list-style-type: none"> • SARA www.rma.scot › RATED_SARA_August-2019_Hyperlink-Version) • RM2000 www.rma.scot › RATED_RM2000_August-2019_Hyperlink-Version) <li style="padding-left: 40px;">or • SA07 (www.rma.scot › RATED_SA07_August-2019_Hyperlink-Version) a full: • RoSH (www.rma.scot › wp-content › uploads › 2018/04 › identifying_and_e..). <p>More time may be requested at the CJSWR interview stage to allow a fuller and more in-depth assessment to be undertaken around these risks to ensure an appropriate sentencing decision can be made. Regular reviews can also be requested within the report i.e., 3 months, 6 months and 6 months thereafter, to provide the court with an update of the client's progress.</p>
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COMMUNITY PAYBACK ORDER: PROGRAMME

<p>Interventions suitable for</p>	<p>Clients (males) who want to improve their general health/wellbeing and social interaction.</p>
<p>Programme Title and Provider</p>	<p>'Steps to Health': 4-week programme</p> <p>Locally developed inhouse programme, facilitated by two CJAs.</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>The 'walking group' is aimed at supporting the client's social inclusion through the promotion of a healthy activity within a therapeutic environment that encourages reflective thinking and open discussion. The programme provides clients with knowledge of their local area and codes of the countryside.</p> <p>Referrals to services providing similar outdoor activities and/or GPs for block sessions at their local leisure center, is also promoted during their CPO as well as encouragement to continue these pursuits once their order is completed.</p>
<p>Possible Outcomes</p>	<p>The programme aims to improve the client's overall wellbeing and outlook, with the opportunity to become a mentor or co-facilitator of the group.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>The CJSWR writer will interview the client at the pre-sentencing stage to assess whether they are suitable for the programme and highlighted in the report.</p>

Interventions suitable for	Clients (males) who have been assessed by CJSW as requiring support with independent living and social integration within their community.
Programme Title and Provider	'Moving On': Rolling programme Locally developed inhouse rolling programme run by members, supported by two CJAs.
Details of all Specific national or local scheme/intervention(s) available	The group is a rolling programme set within a nurturing and safe environment aimed at promoting the client's social awareness and encourage the development of social skills within a group setting and in the community. Encourage their participation in the group and take ownership of group tasks such as forward planning of group activities . Help the client recognise their existing skills and abilities through encouragement to build on these. Improve general health and wellbeing awareness, by promoting budgeting skills, menu planning, shopping and food preparation, and provide personal hygiene and health information. Support and promote non-judgmental group discussion and debate, ensuring equal opportunities for all. The programme can also be viewed as a pre-requisite to attend other identified programmes ('Steps to Change Programme' – offence focused programme – see below) to test the client's motivation and compliance to participate in a group.
Possible Outcomes	An improvement in the client's independent skills, self-esteem/confidence and orientation to their local area, services and agencies. Referral to voluntary services is made during the group and prior to the end of their order. To identify avenues of support that will further promote/enhance skills learned in the group aimed at managing their daily life independently and socially integrating into their community.
Process for Assessment and/or inclusion in scheme/intervention	The CJSWR writer will interview the client at the pre-sentencing stage to assess whether they are suitable for the programme or during the court order by their supervising officer via a variation report to court.

Interventions suitable for	Clients (males) who have/are experiencing difficulties within their intimate, personal and/or professional relationships and would benefit from participation in the programme.
Programme Title and Provider	'Understanding Relationships': 8-week inhouse programme This locally developed inhouse programme is delivered by two facilitators - Justice CJSW and Children & Families Social Worker.
Details of all Specific national or local scheme/intervention(s) available	The 'Understanding Relationships' programme supports the client to understand how their interactions with others can impact on their relationships and how they might use social media in unhealthy ways, (threats, control, sexual images, spreading gossip). The programme provides the client with a safe environment to share their own experiences on how they view a healthy and unhealthy/abusive relationship.

	<p>Clients are supported to look at stages of grief and how to cope with the loss of a relationship/intimate relationship, moving on from the relationship and what starting again. Several tools e.g., 'window of tolerance' to identify links with their 'cycle of emotions'.</p> <p>The use of ACES www.gov.scot › publications › adverse-childhood-experiences-aces to gain an understanding where these might fit in with their belief system around i.e., gender related sex and myths. The group also involves several written tasks and exploration of feelings and beliefs to help clients link issues that might trigger negative emotions and reactions.</p>
<p>Possible Outcomes</p>	<p>The main aims of the 'Understanding Relationships' programme are to provide an open and safe space that encourages the client to have an honest discussion to help them identify problematic relationship behaviours.</p> <p>Provide them with an increased understanding of the differences between a healthy and unhealthy/abusive relationship, so they can develop skills to improve their relationships with others through effective communication and management of their behaviour, thus reducing the risk of reoffending.</p> <p>A range of material including case studies written by clients, 'emotional wheel', 'cycle of change', 'window of tolerance' and media clips are used by the members to generate discussion and learn through their peers.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>The client is assessed by the writer at the CJSWR interview stage for suitability on the 'Understanding Relationship' Group or by their supervising officer during their court order.</p> <p>In the absence of a CPO programme requirement, it is also possible to attend the programme through 'Other Activity' if the client is open to CJS on a stand-alone CPO Unpaid Work.</p>

<p>Interventions suitable for</p>	<p>Clients (males) who have been assessed as suitable to attend the 'Steps to Change' programme to gain victim awareness, cease offending and become a positive and productive citizen within their community.</p>
<p>Programme Title and Provider</p>	<p>The 'Steps to Change': 8-week programme This locally developed inhouse is delivered by two CJSW facilitators.</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>The 'Steps to Change' programme is aimed at promoting social awareness, encourage participation and ownership in setting of tasks and group activities.</p> <p>Build on their skills and recognise the impact their offending behaviour has had on themselves and their victims.</p>
<p>Possible Outcomes</p>	<p>Group members are encouraged to input to the sessions and take ownership of their learning. Sessions consist of looking at their own offending behaviour, introduction of the 'cycle of change' and discussion around the concept of change in relation to factors associated with their offending i.e., substance use, attitudes, and lifestyle choices.</p> <p>The group are helped to gain self-awareness around what citizenship means to them, what roles, rights and responsibilities are expected as a citizen and what they need to change to become a productive part of their community and not reoffend.</p>

	<p>The group are supported to look for links in their physical and mental health, family, friends, exercise, diet, lifestyle they can use to drive their motivation to stop offending and build an offence-free lifestyle.</p> <p>The use of the 'ladder of seriousness', where the group is divided into teams, where 'cards' are used to prompt the groups to list offences in order of their perceived seriousness, then to come together to discuss reasons for their choices and compare with others.</p> <p>They look at 'what is a victim' and what do they think creates a victim e.g., sex offences, shop lifting, drugs, different levels of violence and domestic abuse. Members are also encouraged to explore their own personal experiences of being a victim and how this affected them. They are introduced to the 'ripple effect' of offending to increase awareness of the impact their offending has had on others regardless of how small they believe the offence is.</p> <p>A representative from Victim Support attends one of the sessions to provide information on what the agency offers, along with a talk from an elderly female who was a victim of financial fraud, how the offence affected her emotionally and the subsequent 'ripple effect'.</p> <p>Members are encouraged to write their own personal therapeutic letter to a victim of their offending. This is NOT to be sent to the victim, merely used as way to demonstrate they understand the impact their offending has had on their victim. The final session will revisit the 'cycle of change' to track any changes in their thinking and attitude towards their offending and desire to stop offending in the future.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>The client can be assessed as suitable for the 'Steps to Change' programme at the CJSWR interview stage by the writer or during the court order by their supervising officer via a variation report to court.</p>
<p>Interventions suitable for</p>	<p>The MFMC is a Scottish Government accredited offence focused programme, delivered jointly by the Tay Project and the client's supervision officer.</p> <p>It is an intensive treatment programme for medium to very high-risk clients over the age of 18, who have been convicted of a sexually motivated offence/offences or offences with a sexual element.</p>
<p>Programme Title and Provider</p>	<p>Moving Forward Making Changes (MFMC): The Tay Project</p> <p>The MFMC is a Scottish Government accredited offence focused programme, delivered jointly by the Tay Project and the client's supervision officer. It is an intensive treatment programme for medium to very high-risk clients over the age of 18, who have been convicted of a sexually motivated offence/offences or offences with a sexual element.</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>When the client has been assessed as requiring to undertake the MFMC treatment programme. A recommendation will also be noted within the CJSWR to impose the CPO for a minimum period of 36 months to provide sufficient time for the programme to be completed.</p>

<p>Possible Outcomes</p>	<p>The programme incorporates the ‘theory of change approach’ and involves the client completing a case management pack with their supervising officer. Undertaking various modules supported by their supervising officer and some jointly with a specialised worker from the Tay Project. Suitability to the groupwork stage will also be assessed during this period.</p> <p>The behavioural treatment programme is designed to increase the client’s opportunities and ability to lead a satisfying pro-social life by meeting their needs in a non-offending manner and reducing their level of risk. Reflect on their behaviour to help them understand the causes associated with their sexually motivated offending and the risk they posed to others because of their actions.</p> <p>Recognise and challenge the triggers to their distortive thinking and impulsive harmful behaviour, to help them develop self-regulation and self-management skills to manage these negative feelings and build positive relationships for the future.</p> <p>In addition to the programme, the client may also have appointments with other professionals such as psychiatrist, psychologist, mental health, or addiction services.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Referrals are made to the Tay Project when a client has been convicted of a sexually motivated offence/offences or offences with a sexual element or the:</p> <ul style="list-style-type: none"> • Court requests a Tay Project assessment before imposing a sentence • CJSWR writer recommends a referral to the Tay Project for an assessment prior to sentencing • Client is convicted of a sexual/sexually motivated offence and the CJSWR writer makes a referral to the Tay Project prior to sentencing. • Sexual offending behaviour work is being considered as part of the risk management plan upon release from custody • Client is convicted of a sexual/sexually motivated offence and subject to supervision, but has not as yet had an assessment undertaken in relation to the suitability for interventions i.e., transfer in cases. <p>The suitability of treatment needs is identified by using the SAO7 risk assessment tool completed jointly by the CJSWR writer and Tay Project Worker.</p> <p>As well as the CJSWR, a separate Tay Project Report will be provided to the Court detailing the recommendation and appropriateness of the MFMC programme.</p>
<p>Interventions suitable for</p>	<p>The Fergus Programme is suitable for men who have been convicted of domestically abusive related offences within a heterosexual relationship.</p> <p>The CJSWR writer will assess the client’s suitability for the Fergus Programme and highlight any issues that may potentially hinder the completion of the programme e.g., employment issues.</p>

<p>Programme Title and Provider</p>	<p>'Fergus Programme': local inhouse 28-week group programme</p> <p>A locally developed inhouse offence focused programme, delivered by two experienced justice social work facilitators, with some sessions jointly facilitated with experienced Child and Family Social Workers.</p> <p>The client's supervising officer is also kept up to date with the client's progress and of any issues arising that are impacting on the client's learning.</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>The Fergus Programme is in two parts, starting with pre-programme work, undertaken on a 2:1 basis with their supervising officer and CJA. The pre-programme involves an initial assessment of the client's 'Readiness for change' via an evaluation to identify their level of understanding of their abusive behaviour and associated needs.</p> <p>The evaluation is completed again at the end of the pre-programme sessions to assess the work undertaken and evaluate any changes in their attitude and beliefs to determine their suitability and motivation for the Fergus Programme either:</p> <ul style="list-style-type: none"> • FP1 - Situational Couple Violence - 10-week programme • FP2 - Intimate Terrorism programme which is a longer 20+ week programme <p>The aims of the programme are to reduce the risk of further domestically abusive offending through adopting a positive role-modelling and peer-learning approach, with an emphasis on motivating and enabling the client to gain an understanding of their own behaviour and the impact this has on their victims.</p> <p>A voluntary service is also available to:</p> <ul style="list-style-type: none"> • Current victims of clients domestically abusive behaviour • Previous partners and children who are experiencing and/or have experienced, witnessed or are living/have lived within an environment of the client's abusive and/or controlling behaviour <p>Upon completion of the Fergus Programme the client will attend monthly maintenance meetings until completion of their CPO, along with the opportunity to attend voluntary aftercare meetings once their CPO is completed.</p>
<p>Possible Outcomes</p>	<p>The pre-programme sessions consist of written tasks/exercises within the session and homework the client will go over with his workers. Sessions involve different topics pertaining to their domestically abusive behaviour e.g., focus on self-management and self-regulation via a 'Life Goals' approach, 'Window of Tolerance' - to assess his mood in different situations that might drive their abusive behaviour.</p> <p>Identify characteristics they would change to stop their cycle of abuse. Help unearth and gain an understanding of how their beliefs have shaped and influenced their decision making that created a pattern of abuse. Recognise how their values have influenced their views of the world and how this affects others.</p> <p>Support the client to identify their abusive behavior, how this links with their pattern of abuse and how he might use minimisation, denial and</p>

blame to justify this behaviour. Help the client challenge negative talk and unhelpful thinking contributing to their harmful behaviour and appreciate the impact this has on their family relationships and support networks.

Assist the client to devise 'personal safety' and 'time out' plans to use when any negative emotions start to arise and encourage him to identify those around them that they can rely on to promote emotional regulation to ensure their family's safety and needs are respected.

The main objectives of the Fergus Programme are:

- to provide clients with a relaxed, informal and welcoming group setting within a safe space where they can share their own learning needs
- support clients to reflect on their domestic abusive behaviour
- take ownership of their learning and identify what they need to change to
 - achieve healthy relationships and stop their cycle of abuse
- ensure public protection, reduction of custody and social inclusion of the rehabilitated client.

The sessions include group discussions, along with written tasks/exercises within the sessions and homework that will be discussed with the facilitators.

Some sessions elaborate on the topics discussed within the pre-programme, along with other sessions i.e., 'life trap' aimed at helping the client gain greater insight into his own childhood experiences and how these have impacted on his life.

Explore their attachments, both in early years and adulthood and think about how any of their negative and/or positive experiences have affected their relationships with others.

Support them to recognise how their body language, verbal and non-verbal behaviour can feel intimidating to others and the importance of maintaining boundaries. Help them to understand what domestic abuse, coercive control and sex means to him and how they use language and harmful behaviour to control others.

Supported to develop problem solving skills to challenge their negative self-talk, attitudes and beliefs that lead to their impulsiveness and/or planned reactions harmful to their victim/victims. Encouraged to reflect on their mood and reasoning for their behaviour around the time of the offence.

Recognise situations that could increase the risk of reoffending and help develop strategies to avoid these happening and stop the 'cycle of abuse'.

The client will be supported to interact in group discussions to consider the benefits of being assertive and considerate in achieving their goals rather than being passive/aggressive or aggressive within their relationships.

The 'Fathering' session supports the client to explore his parenting style and discuss how their domestically abusive behaviour impacts on his

	<p>child's(rens) wellbeing and development. With focus on what kind of father he would like to be and how he can achieve this.</p> <p>The exercises are regularly followed up in supervision where the client will be expected to provide evidence of their learning and identify any patterns/new patterns of abuse they had not previously recognised that fit with a pattern of domestically abusive behaviour.</p>
Process for Assessment and/or inclusion in scheme/intervention	<p>The client can be assessed as suitable for the 'Fergus Programme' at the CJSWR interview stage by the writer or during the court order by their supervising officer if a pattern of abusive behaviour emerges, by way of a variation report to the Court.</p> <p>The CJSWR is also specifically informed by the SARA-V3 risk tool that assesses their suitability and readiness to engage with the programme.</p>
Interventions suitable for	<p>The Glen Isla Project is suitable for women only who have been assessed by the CJSWR as benefiting from the project due to their offending behaviour.</p>
Programme Title and Provider	<p>Glen Isla Project</p> <p>A locally developed inhouse offence focused project delivered by experienced social workers and CJAs within a therapeutic and TIA environment.</p>
Details of all Specific national or local scheme/intervention(s) available	<p>Glen Isla was developed following the 2012 Women's Commission Report (the Angiolini Commission) to provide an intensive suite of intervention support tailored especially for women who have offended.</p> <p>Women who become subject to the requirement, are expected to work alongside their supervising officer to address their offending behaviour and the issues associated with their offending.</p>
Possible Outcomes	<p>The aims of the project are to reduce the risk of reoffending and support the women to develop positive coping strategies in a more positive way with their family and community.</p> <p>Interventions are delivered on both a 1:1 and groupwork basis to support the women build confidence, self-esteem and self-worth, by learning new skills i.e., DIY, playing musical instruments, sewing/dressmaking and drama workshops.</p> <p>The women are also helped to develop the necessary skills to address the issues impacting on their lives and causing them to offend e.g., substance use, accommodation issues, vulnerability, financial hardship and/or any physical/mental health issues impacting on their wellbeing.</p> <p>They are supported to consider the impact their offending has had on their victim and promote avenues for education, mentoring and employment.</p>
Process for Assessment and/or inclusion in scheme/intervention	<p>The women are assessed as suitable for the Project at the CJSWR interview stage by the writer in consultation with other professionals the women are currently involved with.</p>

COMMUNITY PAYBACK ORDER: TREATMENT: MENTAL HEALTH

<p>Interventions suitable for</p>	<p>Clients suffering from a mental health condition and have been assessed by the CJSWR writer of benefiting from the mental health treatment requirement to support their desistance from further offending and assess their engagement with health professionals.</p> <p>The client must consent to the requirement before it can be imposed. A supervision requirement must also be imposed alongside a treatment requirement.</p>
<p>Programme Title and Provider</p>	<p>Mental Health Treatment Requirement</p> <p>In collaboration with the supervising officer and the community mental health team.</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>A mental health treatment requirement cannot be imposed where the client meets the criteria for either a compulsory treatment order under the Mental Health (Care and Treatment) (Scotland) Act 2003 (“the 2003 Act” www.legislation.gov.uk > asp > 2003 > contents) or a compulsion order under the Criminal Procedure (Scotland) Act 1995 (1995 Act www.legislation.gov.uk > ukpga > 1995 > contents).</p> <p>Whilst the client must have a mental health condition to warrant a mental health treatment requirement under a CPO, the circumstances must fall short of meeting the criteria for them being made subject to compulsory measures under the 2003 Act by the Mental Health Tribunal or the 1995 Act.</p> <p>Where the client’s mental health is assessed as requiring the imposition of more restrictive measures, and where they meet the criteria as laid out in section 57A (3) of the 1995 Act, the Court should impose a compulsion order.</p> <p>The purpose of the mental health requirement is to ensure the client diagnosed with a mental health condition and/or learning disability which contributes to their offending receives support, care and treatment to enable them to improve their mental health in terms of their mental health needs.</p> <p>The supervising officer will hold overall responsibility for the CPO and will encourage the client’s engagement with the mental health treatment requirement. They will regularly liaise with the client’s mental health specialists involved with the mental health treatment requirement and undertake regular reviews.</p>
<p>Possible Outcomes</p>	<p>A mental health treatment requirement is imposed to support the client access assessment and treatment by or under the direction of a registered medical practitioner or registered psychologist aimed at improving of the client’s mental health.</p> <p>This treatment regime will be determined by the opinion of a registered medical practitioner or registered psychologist, with all information recorded and updated in the client’s case management plan. Treatment can be provided as an inpatient in hospital, (other than in the State</p>

	<p>Hospital); as a day patient at a hospital or other place as specified; or under the direction of such registered medical practitioner or registered psychologist as appropriate to the client’s mental health and social circumstances.</p> <p>The treatment includes:</p> <ul style="list-style-type: none"> • nursing • care • psychological intervention • rehabilitation (including education, and training in work, social and independent living skills).
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>For a mental health treatment requirement to be imposed under a CPO, the court has to be satisfied, following evidence from a registered medical practitioner, that:</p> <ul style="list-style-type: none"> • the individual suffers from a mental health condition • the condition requires and may be susceptible to treatment • the condition is not such as to require compulsory treatment under section 64 of the 2003 Act or a compulsion order under section 57A of the 1995 Act. <p>Where consideration is being given to the imposition of a mental health treatment requirement post-sentence. The court may wish to request a psychiatric report which may include a multi-disciplinary assessment to assist in decision making.</p> <p>The court must also be satisfied (on evidence from the registered medical practitioner or registered psychologist who will be giving the treatment), that the proposed treatment by the GP or psychologist is appropriate for the client and treatment arrangements have been made.</p> <p>The CJSWR writer must therefore liaise with the relevant medical personnel in advance to confirm these have been set in place as required.</p> <p>www.gov.scot › publications › community-payback-order-practice-guidance</p>

COMMUNITY PAYBACK ORDER: TREATMENT: DRUGS

<p>Interventions suitable for</p>	<p>Clients who have been formally assessed by the CJSWR writer as having identified drug issues but have not established a chronic history of drug misuse.</p> <p>The client must consent to the requirement before it can be imposed. A supervision requirement must also be imposed alongside the drug treatment requirement.</p>
<p>Programme Title and Provider</p>	<p>Drug Treatment Requirement</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>There will be regular liaison between the client’s supervising officer and their addiction worker. Where appropriate, the supervising officer will engage with the client’s family members to ensure the safety and wellbeing of any children and/or vulnerable people in close contact with the client.</p>

<p>Possible Outcomes</p>	<p>The aim of the treatment is to support the client’s abstinence through regular and consistent support that directly addresses their dependence on prescription or other substitute drugs.</p> <p>A case management plan can be compiled at the report interview stage by the CJSWR writer in collaboration with the client and medical professionals, setting out what treatment and interventions and can be added to once the CPO begins depending on the stage the process of assessment is to be carried out.</p> <p>Consultation with the client on all aspects of their needs and the proposed approach to helping them achieve recovery must be ensured. www.gov.scot › publications › community-payback-order-practice-guidance</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>The CJSWR writer will assess whether the client’s offending is associated with their drug problem and if treatment is already in place. If treatment is in place it may not be necessary for the requirement to be imposed.</p> <p>If there have been previous issues around the lack of compliance and motivation to change, this will be taken into consideration by the CJSWR writer and discussed with specialist addiction workers to determine an effective route for treatment and offer an appropriate recommendation to the court.</p>

COMMUNITY PAYBACK ORDER: TREATMENT: ALCOHOL

<p>Interventions suitable for</p>	<p>CJSW clients who have been formally assessed by the CJSWR writer as having a dependency on alcohol that has directly contributed to their offending behavior.</p>
<p>Programme Title and Provider</p>	<p>Alcohol Treatment Requirement</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>An alcohol treatment requirement may be considered where the client's dependency on alcohol has contributed to their offending behaviour and can only be imposed alongside a supervision requirement.</p> <p>By addressing the client’s alcohol dependency, it can reduce their risk of reoffending and improve their personal and social circumstances.</p> <p>The supervising officer will hold overall responsibility for the CPO and will encourage the client’s engagement with the alcohol treatment requirement.</p> <p>Regular liaison between the client’s supervising officer and addiction specialists involved with their alcohol treatment requirement will take place along with regular reviews.</p> <p>Where appropriate the supervising officer will engage with the client’s family members to ensure the safety and wellbeing of any children and/or vulnerable people in close contact with the client.</p>
<p>Possible Outcomes</p>	<p>The aim of the alcohol treatment requirement is centered around the client’s recovery from alcohol dependency.</p>

	<p>The case management plan will be developed by their supervising officer specifying the treatment and interventions to support their recovery:</p> <ul style="list-style-type: none"> • structured preparatory and motivational intervention • psychosocial intervention (such as cognitive behaviour therapy, trauma counselling or relapse prevention) • support for family, social and financial issues as well as preparation for education, training and employment • detoxification • structured day care programmes or more intensive residential inpatient care <p>The client will be encouraged and supported to participate in their recovery treatment and to follow up the goals they have set themselves. www.gov.scot › publications › community-payback-order-practice-guidance</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>The CJSWR writer will assess whether the client's offending is associated with their alcohol issues and if treatment is already in place. If treatment is in place it may not be necessary for the requirement to be imposed.</p> <p>However, if there have been previous issues around the lack of compliance and motivation to change, this will be taken into consideration by the report writer and discussed with specialist addiction workers to determine an effective route for treatment and offer an appropriate recommendation to the court.</p> <p>Prior to an alcohol treatment being imposed as a requirement of a CPO the court must be satisfied that:</p> <ul style="list-style-type: none"> • the client is dependent on alcohol • the dependency requires, and may be susceptible to, treatment • arrangements have, or can be made, for the proposed treatment to take place including where treatment is to be residential, along with details of these arrangements <p>also:</p> <ul style="list-style-type: none"> • that the requirement is appropriate for the client • they are motivated to comply with the requirement and engage in • treatment <p>Treatment should be focused on reducing the client's alcohol intake with the view to abstaining from alcohol if it plays a significant role in their life and is impacting on their e.g., health, relationships, employment and contributing to their offending behaviour.</p> <p>These factors should be highlighted in the CJSWR and where a recommendation is in place, the service or external agency the client is being referred to should also be noted.</p>

DRUG TREATMENT AND TESTING ORDER (DTTO)

<p>Interventions suitable for</p>	<p>Clients who have been jointly assessed as suitable by both the Angus Integrated Drug and Alcohol Service (AIDARS) worker and CJSW.</p>
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<p>Programme Title and Provider</p>	<p>Drug Treatment and Testing Order</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>A DTTO is a court order aimed at supporting clients to reduce their drug use related to their offending behaviour. The order is supervised by the CJSWR, with any decisions regarding the clients' progress made jointly with the AIDARS worker.</p> <p>Prior to being placed on a DTTO, the client must consent to the order being imposed and must be willing to:</p> <ul style="list-style-type: none"> • accept treatment for their (illegal) substances use • be frequently and randomly drug tested • attend court monthly to advise the Sheriff of their progress • accept supervision and support from CJSW and AIDARS worker <p>Undertake the following interventions where required:</p> <ul style="list-style-type: none"> • regular assessments • harm reduction advice • support with any health issues and/or specialized medical treatment • drug and tolerance testings • individual counselling • detoxification programmes • liaison with other services • referrals to agencies/services to support long-term recovery <p>www.gov.scot > govscot > 2011/07 > documents > govscot:document</p>
<p>Possible Outcomes</p>	<p>The main objectives of a DTTO are to:</p> <ul style="list-style-type: none"> • reduce or eliminate the client's dependency or propensity to use illicit substances • support the client to achieve positive changes in the level and frequency of their drug related offending <p>Potential outcomes:</p> <ul style="list-style-type: none"> • improved physical health • improvement in the client's psychological and emotional wellbeing • improved quality of life • reduction in client's risk-taking behaviour and/or changed their method of use increased self-confidence and self-esteem
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>The Crime and Disorder Act 1998 https://www.legislation.gov.uk/ukpga/1998/37/contents sets out the criteria when a DTTO can be imposed, where the court is satisfied that:</p> <ul style="list-style-type: none"> • the client is dependent on or has propensity to misuse drugs, and • the dependency or propensity requires and may be susceptible to treatment • the client is a suitable person to be subject to an order <p>Although, no legal definition of a suitable person, it is suggested that suitability is determined by such factors as the client's motivation to address their drug dependency and have sufficient stability of location and circumstances, to enable both supervision and treatment to take effect.</p>

	<p>To inform the court on the suitability of the order, a request for a DTTO Assessment should be made, allowing a period of six weeks to complete the assessment.</p> <p>The assessment will be undertaken jointly by the CJSW and the AIDARS worker to determine suitability and will include:</p> <ul style="list-style-type: none"> • whether the Order is indicated by the level of the client’s offending behaviour and the link between their offending and their substance (illegal) use • the client’s suitability for a DTTO • expected length of the DTTO (generally 2 years) • any outstanding or complex needs
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LOW TARIFF STRUCTURED DEFERRED SENTENCE

Interventions suitable for	<p>Clients who present with low level repeat offending behaviour and would benefit from the support of services tailored to their social and health needs.</p> <p>LTSDS is time limited - normally of three-months duration, although can be extended for further three - six months to allow the continuity of any outstanding work to be completed if deemed necessary.</p>
Programme Title and Provider	<p>Low Tariff Structured Deferred Sentence</p> <p>LTSDS is a locally agreed low level court disposal for clients who have a limited history of offending or their offending was associated with any mental health, substance use or social issues they were experiencing at the time they committed the offence. Due to the low level of risk the client poses, CJAs supervise these cases.</p>
Details of all Specific national or local scheme/intervention(s) available	<p>The aims of LTSDS are to support the client to address the issues causing them to offend, develop a stable homelife and pro-social lifestyle to reduce the risk of reoffending.</p> <p>LTSDS requires clients:</p> <ul style="list-style-type: none"> • to attend individual meetings with the CJA to identify and address issues that were directly linked to their offending • to attend and participate in groups identify in agreement with the CJA to support social inclusion • to attend appointments with services identified as important to improving their overall wellbeing and reducing the risk of reoffending <p>Focussed work can involve:</p> <ul style="list-style-type: none"> • attendance at the ‘Moving On’ Programme (if assessed appropriate) • to look at the pros and cons of their offending behaviour • to improve general health and wellbeing awareness - referral to the ‘Keep Well’ Clinic for general health assessment (if assessed appropriate) • promote money management skills – exercise sheets • support the client to recognise the skills and abilities they already have, and encourage them to build on these.

<p>Possible Outcomes</p>	<p>The work undertaken during the period of LTSDS is aimed at producing positive outcomes for the client by:</p> <ul style="list-style-type: none"> • gaining an understanding of the impact their offending has on the victim, community and family • increasing the client’s confidence and self-esteem • improving the client’s knowledge and awareness of services to help them access and engage with support networks and professionals independently i.e., substance use services, DWP and housing • break the ‘cycle of offending’ • successful integration into voluntary networks and promote routes for employment/education within their community • reducing substance use if linked to offending behaviour • improving the client’s overall health and budgeting skills <p>Upon the client successfully completing LTSDS they may receive a lesser sentence or possible admonishment at the end of the deferment period.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>A LTSDS can be imposed at the pre-sentencing stage at court or recommended by the CJSWR writer during the interview stage if the court has requested a report.</p> <p>The preferred period of deferment will be highlighted within the report along with a detailed action plan to be followed by the client during the deferment period.</p>
<p>Interventions suitable for</p>	<p>Clients who are assessed as posing a high risk of reoffending but have indicated a desire to change. Who have breached previous community disposals due to non-compliance and therefore at risk of a custodial sentence being imposed.</p> <p>HTSDS is time limited - normally of three months duration, although can be extended for another three – six months to allow the continuity of any outstanding work to be completed if deemed appropriate.</p>
<p>Programme Title and Provider</p>	<p>High Tariff Structured Deferred Sentence</p> <p>HTSDS is a locally agreed high level court disposal for clients who have a prolific history of offending or their offending is associated with any mental health, substance use or social issues they were experiencing at the time they committed the offence.</p> <p>Due to the high level of risk the client may pose, supervising officers hold these cases.</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Clients are generally subject to a HTSDS for an initial three-month period to 'test' their engagement (x2 weekly appointments minimum) with Justice services and assess their 'test for change'.</p> <p>Referrals to support services are also made where appropriate to help clients with any social or health issues linked to their offending. An agreement is in place between Justice Services and Police Scotland in Angus - if the client fails to attend an appointment with their supervising</p>

	<p>officer, without an acceptable reason, the client will be considered in breach of their order.</p> <p>The supervising officer will then contact the police to advise of the client's non-attendance and a warrant to apprehend will be initiated.</p> <p>Justice appointments are made via an appointment slip (copy retained in the office) with two worker signatures (one must be the supervising officer/acting supervising officer) to provide evidence the client has signed for their appointment.</p> <p>Expectations of HTSDS are:</p> <ul style="list-style-type: none"> • to attend supervision appointments as directed to evidence motivation and compliance with HTSDS • reside in accommodation recommend in the CJSWR • continue to evidence desire to make positive changes to their lifestyle • engage with services aimed at supporting a pro-social lifestyle and healthy living i.e., reducing substance use if linked to offending behaviour • engage in work to gain an understanding of the triggers to offending and develop problem solving skills to reduce reoffending
<p>Possible Outcomes</p>	<p>The period of HTSDS is aimed at producing positive outcomes for the client by:</p> <ul style="list-style-type: none"> • compliance with the deferment period • evidenced their motivation to address issues linked to their offending behaviour • break the cycle of offending • recognising the consequences of their actions on others • creating a stable and pro-social lifestyle • developing a strategy for the future aimed at promoting an offence-free lifestyle <p>If the client successfully completes the period of deferment and has evidenced a high level of motivation to comply with HTSDS. They may receive a lesser tariff sentence (CPO) on their return to court.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>A HTSDS can be imposed at the pre-sentencing stage at court or recommended by the CJSWR writer during the interview stage if the court has requested a report.</p> <p>The period of deferment will be highlighted within the report along with a detailed action plan to be followed by the client during the deferment period.</p>
<p>Interventions suitable for</p>	<p>Clients from Angus who are either in custody, on remand or sentenced who have housing related issues.</p>
<p>Programme Title and Provider</p>	<p>Prison Protocol – Angus Council (Housing)</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Angus Council has operated a prison housing protocol since 2010, including fortnightly advice surgeries delivered in HMP Perth for Angus residents, focused on housing and homelessness rights. The protocol</p>

	<p>was revised and strengthened in 2019, in line with SHORE standards and rapid rehousing guidelines.</p> <p>The focus is on partnership working to prevent homelessness on entry to prison, and to avoid unplanned homelessness on release.</p> <p>Angus Council has an information-sharing agreement in place with SPS and receives weekly reports on prison admissions and upcoming liberations.</p> <p>A central team of housing staff identify and cross-check housing tenure and related issues, liaising with landlords, benefit agencies and any relevant support providers to prevent housing loss across all tenures - including Council, Housing Association (HA) and private rented sector (PRS) tenants. The Council's PRS officers link in with private landlords.</p> <p>Angus has a Common Housing Register (CHR) and a Common Allocation Policy (CAP) encompassing all housing owned by the Council and 3 local HAs. In 2019, the CAP was revised to award highest priority to applicants in institutions, including prisons, to whom Angus Council has rehousing duty.</p> <p>Housing staff aim to assess individual's housing needs early, avoiding a homelessness application and temporary accommodation, by securing a home in time for release. Individuals are supported with furniture, utilities and benefits claims, where needed, through housing support and justice services.</p>
<p>Possible Outcomes</p>	<p>Angus Council has recorded a substantial reduction in homelessness applications from people previously in prison since introducing its original prison protocol in 2010. This underlines the success of person-centered advice, preventing the loss of housing whilst in prison.</p> <p>Since implementing the updated prison protocol in 2019, the Council has noted a 260% decrease in people applying as homeless directly from prison.</p> <p>Effective partnership working has been key to both preventing tenancy loss on admission, and facilitating housing on release, where an individual would otherwise be homeless. In one case, information-sharing between SPS, Council, Angus Housing Association and benefits staff identified a prisoner with high arrears and legal action.</p> <p>A substantial backdate was successfully applied for on mental health grounds, cancelling arrears and legal action, and the person was able to return home on release.</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Email prisonprotocol@angus.gov.uk</p>
<p>Interventions suitable for</p>	<p>Clients who meet Housing First criteria:</p>

	<ol style="list-style-type: none"> 1. The person is currently homeless or threatened with homelessness and has a history of repeat homelessness and / or failed tenancies. 2. The person has significant complex and coexisting care and support needs, including (but not limited to): substance use; mental health; and offending. 3. The person is not currently engaging with and has a history of non-engagement with homeless support and other referral services. <p>Referrals will not be considered for those where residential or supported accommodation is required and where living in the community is not possible or preferable for whatever reason (safety, risk to self or others, choice).</p>
<p>Programme Title and Provider</p>	<p>Housing First – Angus Council</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Housing First is a model for people experiencing multiple complex needs beyond housing and the first response for people whose homelessness is compounded by i.e.trauma, abuse, addictions and mental ill health, and built on seven principles central to ending people’s experience of homelessness.</p> <p>These are:</p> <p>Principle 1: People have a right to a home This principle focuses on people being offered a home of their own in local communities as quickly as possible with no additional requirements other than a willingness to sustain a tenancy.</p> <p>Principle 2: Flexible support is provided for as long as is needed Support offered to people is not time-bound and is flexible enough to work with someone at different levels of intensity based on their own individual situations and experiences. New tenants direct this support, including their right to refuse it. Support is resilient in those cases, as experience has shown that some practical or emotional support will be sought later, if not initially. People can choose when they no longer wish to receive support if their situation has improved.</p> <p>Principle 3: Housing and support are separated Landlord and support functions are delivered separately, and choices people make about support do not affect housing security. The offer of support stays with the person – if they decide to move to a new area or their tenancy fails, they are supported to avoid homelessness crisis by finding and maintaining a new home.</p> <p>Principle 4: Individuals have choice and control People get to choose a home and a location that best suits their circumstances, have choice over where, when and how support is provided, and through person-centred planning are in control of the support they receive.</p> <p>Principle 5: An active engagement approach is used Support staff have small caseloads (1:7 maximum) allowing them to be proactive and persistent in offering support; doing ‘whatever it takes’ as many times as necessary to build a positive relationship with people. Cases will remain open even when engagement is low.</p>

	<p>Principle 6: The service is based on people’s strengths, goals, and aspirations Support is based on the understanding that there is always the possibility of positive change and improved health and wellbeing, relationships and social and economic integration. Support staff work alongside people to build on their strengths and successes, to identify goals and skills, building self-esteem and confidence.</p> <p>Principle 7: A Harm Reduction approach is used All engagement is based on the principle of reducing harm from alcohol and drugs and supporting people to minimise self-harm. Support is based on promoting recovery in physical and mental health and wellbeing.</p>
Possible Outcomes	This model of intensive support ensures households with complex needs can access personalised, open-ended, flexible support to end their experience of repeat homelessness and address their wider needs.
Process for Assessment and/or inclusion in scheme/intervention	Any professional from any service or agency can make a referral to the Housing First panel for consideration. Contact housingpp@angus.gov.uk for a referral form and any further information.

THIRD SECTOR PROGRAMMES

Interventions suitable for	The Prince’s Trust is suitable for young people aged 16-25 who are leaving care, who have been in conflict with the law, found education challenging and have been long term unemployed.
Programme Title and Provider	Prince’s Trust Team Programme: 12-week programme. The programme is delivered by Trust staff, volunteers and delivery partners.
Details of all Specific national or local scheme/intervention(s) available	<p>This personal development programme offers young people a wide range of activities to help them develop work experience, skills and qualifications to prepare them for their next steps in life.</p> <p>The client will join a team of up to 15 participants, (at least two sponsored by their employer). During the 12-week programme, members spend a week away at a residential activity center, undertake a project based in their local community, complete a work placement, participate in a team challenge and stage a team presentation to recount their experiences.</p> <p>https://www.princes-trust.org.uk/about-the-trust/where-we-work/scotland/dundee-centre</p>
Possible Outcomes	<p>Enhanced sense of self and personal responsibility due to being part of a team and interacting in the community. Boost in confidence and motivation due to unearthing hidden talents.</p> <p>Improvement in independent daily living skills through practical and financial support. The develop of a stable and pro-social life and improved avenues for employment/further education and learning opportunities through gaining nationally recognised qualifications.</p>

Process for Assessment and/or inclusion in scheme/intervention	The client can be assessed as suitable for the programme at the CJSWR interview stage by the writer or during the court order by their supervising officer via a variation report to court.
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Interventions suitable for	Venture Trust is suitable for clients 16–25-year age group within the criminal justice system who have experienced mental health difficulties, found education challenging and are experiencing difficulties finding employment.
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Programme Title and Provider	Venture Trust – Inspiring Young Futures Programme The programme is delivered by Venture Trust staff.
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Details of all Specific national or local scheme/intervention(s) available	The service provides an intensive personal development opportunity for young people who are struggling with multiple disadvantages and/or have a history of trauma or harm to address these underlying issues and move away from offending.
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Possible Outcomes	<p>Inspiring Young Futures (16-25 years who are experiencing challenges in life and want to make positive changes) is an Outdoor Learning and development programme involving, various activities i.e., canoeing, abseiling, camping and hiking aimed at:</p> <ul style="list-style-type: none"> • improving mental health to deal effectively with difficulties in the client’s life and reduce the risk of reoffending • boost confidence and motivation to build on their life skills e.g., communication, working together as a team to achieve individual goals • build long-term positive relationships • opportunities for volunteering, education, training and employment <p>The service provides support for up to nine months to help clients make and maintain connections with services and their community.</p> <p>https://www.venturetrust.org.uk/programmes/inspiring-young-futures/</p>
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Process for Assessment and/or inclusion in scheme/intervention	Suitability for the programme can be assessed at the CJSWR interview stage by the writer or during the court order by their supervising officer via a variation report to court after liaison with Venture Trust.
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Interventions suitable for	Suitable for clients aged 16+ who are experiencing mental/physical health difficulties impacting on their day to day living and linked to their offending behaviour.
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Penumbra – supporting Mental Health and Wellbeing	Penumbra – supporting Mental Health and Wellbeing
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Details of all Specific national or local scheme/intervention(s) available	<p>Penumbra provide a wide range of services to improve the client’s mental health and wellbeing through personalised support on a 1:1 basis or group setting:</p> <ul style="list-style-type: none"> • Supported living • Homelessness • Supported accommodation • Crisis and short-term support
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	<ul style="list-style-type: none"> • Nova (social inclusion – supporting clients with mental health issues including self-harm and suicidal thoughts) • Self-Directed Support • Peer work • Substance support
Possible Outcomes	<p>Client identifies goals to achieve through building of confidence and feeling more empowered to move forward and become independent in their day to day living and make their own decisions that are affecting life.</p> <p>Equipped with the tools and support networks to help them attain their goals and improve their mental health and overall wellbeing. Support to gain secure accommodation and find meaningful activities to become involved with via education, leisure, recreation, volunteering or employment to raise self-esteem and self-worth where the client feels they are contributing to their community and future.</p> <p>http://www.penumbra.org.uk/about-us/</p>
Process for Assessment and/or inclusion in scheme/intervention	<p>The client can be assessed as suitable for the programme at the CJSWR interview stage by the writer or during the court order by their supervising officer via a variation report to court.</p>

Interventions suitable for	<p>Suitable for clients aged 16+ who are experiencing mental/physical health difficulties impacting on their day to day living and linked to their offending behaviour.</p>
Programme Title and Provider	<p>Penumbra – supporting Mental Health and Wellbeing</p>
Details of all Specific national or local scheme/intervention(s) available	<p>Penumbra provide a wide range of services to improve the client’s mental health and wellbeing through personalised support on a 1:1 basis or group setting:</p> <ul style="list-style-type: none"> • Supported living • Homelessness • Supported accommodation • Crisis and short-term support • Nova (social inclusion – supporting clients with mental health issues including self-harm and suicidal thoughts) • Self-Directed Support • Peer work • Substance support
Possible Outcomes	<p>Clients identifies goals to achieve through building confidence and feeling more empowered to move forward and become independent in their day to day living, so they can make their own decisions around what is affecting life.</p> <p>Equipped with the tools and support networks to help them attain their goals and improve their mental health and overall wellbeing.</p> <p>Support to gain secure accommodation and find meaningful activities to become involved with via education, leisure, recreation, volunteering or employment to raise self-esteem and self-worth where the client feels they are contributing to their community and future.</p> <p>http://www.penumbra.org.uk/about-us/</p>

<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Clients can be assessed as suitable for the programme at the CJSWR interview stage by the writer or during the court order by their supervising officer via a variation report to court.</p>
<p>Interventions suitable for</p>	<p>Counselling for Adults, young people and families who have complex issues or who are struggling to cope with various addiction problems. Support is also offered to address other issues e.g., homelessness, mental wellbeing, financial difficulties etc.</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Tayside Council on Alcohol (TCA)</p> <p>The service offers support to:</p> <ul style="list-style-type: none"> • Adults 1:1 counselling for various types of addictions • Young people 1:1 counselling sessions, via; TCA office, telephone /video or school for 10-18 age group to support with a range of issues connected to their mental wellbeing e.g., loss and grief, self-harming, bullying and self-worth/self-identity • SMART Recovery, a weekly support group for adults experiencing addictive behaviour • Creative therapy for 3-26 year-olds, a trauma informed therapy to support clients express their feelings and makes sense of the difficulties they might be experiencing • Kith 'n' Kin for children and young people 0-18, living in Kinship care due to parental substance use, 1:1 session to provide emotional and practical support and meet others experiencing the same issues. Also 1:1 support and advice for their carers – all based on individual needs of the client • The Crew, local young people's group for upper or early secondary age groups top support and educate young people to make informed choices that impact positively on themselves, their families and the community • Friday Nite Project (Arbroath and Birkhill & Muirhead areas) for young people involving a wide range of activities i.e., sports, games, arts and crafts within a safe environment. Support to alleviate fears about moving to secondary school and concerns around peer pressure • 16+ weekly group sessions over six months for young women aged 16-21 within Angus area who are experiencing; using substances or affected by parental substance use, finding education challenging, at risk of becoming in conflict with the law/already engaging in offending behaviour or recently left kinship or foster care • Connect 1-1 weekly support (although can be open-ended) for age group 10-25 years affected by others substance use with allocated TCA resource worker to discuss issues affecting their lives within a safe place and set goals for their future <p>https://alcoholtayside.com/services/#angus</p>
<p>Possible Outcomes</p>	<ul style="list-style-type: none"> • Support clients to understand and work through difficult aspects in their lives via a therapeutic environment to improve mental health and wellbeing through developing problem-solving skills • Improved and appropriate accommodation

	<ul style="list-style-type: none"> • Reduction in client’s alcohol or drug use, impacting positively on them and their family/professional relationships and leading to better engagement with services • Positive use of leisure time • Overall improvement in mental and physical wellbeing • Improved independent living and social skills • Feeling less isolated from peers, family and the community – someone’s always there for me.... • Access to shared learning and support from positive peers • Reduced involvement with the criminal justice system • Improved confidence, self-worth and assertiveness skills
Process for Assessment and/or inclusion in scheme/intervention	A joint assessment will be undertaken with TCA prior to a recommendation being offered to the court for any of the above groups or sessions. Clients can also self-refer or be supported to refer to TCA for support by the CJSW writer at the interview stage or by their supervising officer.

***Please note the following is a list of support available locally by the Third Sector that Justice Workers can refer to but do not recommend within the court report.**

ANY OTHER RELEVANT INFORMATION

Interventions suitable for	Clients with physical and learning disabilities, autism and older people. Support for clients experiencing mental health issues, homelessness and substance issues.
Programme Title and Provider	Hillcrest Futures
Details of all Specific national or local scheme/intervention(s) available	<p>The service provides a range of support to clients</p> <ul style="list-style-type: none"> • providing flexible, creative, responsive and person-centred services • developing and training our staff to be the best care providers • ensuring quality accommodation in the community; and • assisting to deliver employment and leisure activities to our service users. <p>Work with clients can be undertaken in their home, the community and temporary supported accommodation for 1 hour per week or up to 24 hours per day.</p> <p>Typical services e.g., concerning alcohol and substance misuse, a range of interventions are offered including:</p> <ul style="list-style-type: none"> • mutual aid (including SMART and SMART families) • recovery activities and group • harm reduction advice • overdose prevention and Naloxone distribution • blood Borne Virus testing and treatment • sexual health information and screening.

	www.hillcrest.org.uk/futures
Possible Outcomes	<p>Potential outcomes include improvement in the client's:</p> <ul style="list-style-type: none"> • mental health and wellbeing • stable accommodation • recovery from drug and alcohol misuse or reduction in drug and alcohol misuse.
Process for Assessment and/or inclusion in scheme/intervention	<p>Clients can self-refer directly to Hillcrest Futures whereby the needs of the client will be assessed or supported by CJSW.</p>

Interventions suitable for	<p>Clients who would benefit from support to promote their employment opportunities.</p>
Programme Title and Provider	<p>Skills Development Scotland</p>
Details of all Specific national or local scheme/intervention(s) available	<p>The service is the national skills body who support people to develop and apply skills to promote their employment prospects and contribute to the workforce by:</p> <ul style="list-style-type: none"> • providing careers information, advice and guidance • work-based training programmes aimed at building the career management skills that will enable clients to thrive in a changing economy • provide support to school pupils earlier to help them on the path to sustainable and rewarding careers <p>www.skillsdevelopmentscotland.co.uk/local-national-work/dundee-city</p>
Possible Outcomes	<p>Clients gain skills promote their employment opportunities suited to their career choice.</p>
Process for Assessment and/or inclusion in scheme/intervention	<p>Clients can self-refer directly to SDS or assessed by CJSW whilst within the remit of Justice Services.</p>

Interventions suitable for	<p>Confidential service for women, children and young people living in Angus who are/have experienced domestic abuse</p>
Programme Title and Provider	<p>Angus Women's Aid</p>
Details of all Specific national or local scheme/intervention(s) available	<p>Angus Women's Aid offers confidential support over the phone, in their office or within a safe environment.</p> <p>The service provides:</p> <p>Refuge - a safe place to stay for women, children and young people fleeing an abusive relationship. They are supported to make housing applications, apply for benefits, register with a GP and dentist locally, register children at a new school etc.</p>

	<ul style="list-style-type: none"> • Women and children will have at minimum of one support session with their key worker each week • Women can access refuge for longer term accommodation until they find permanent accommodation or for just a few days as thinking space • Emotional support focusing on building confidence, self-esteem and moving on from the abusive relationship <p>Outreach Service - supports women in their local community</p> <ul style="list-style-type: none"> • Key worker will meet with the women in a public place i.e. doctor's surgeries, Access Office, Social Work Office etc • The key worker will offer a person-centered 13-session support plan (can be extended) covering issues such as understanding domestic abuse, healthy and unhealthy relationships, support and safety planning, confidence and self-esteem • Support the women to attend appointments/meetings, housing welfare rights, health professionals etc <p>Independent Domestic Abuse Advocate (IDAA)</p> <ul style="list-style-type: none"> • Involves listening to women's experiences and assess level of risk to tailor the right support and develop a safety plan. A home assessment will also be undertaken and the IDAA will make necessary contact with housing to enquire about additional safety measures being put in place • Offers short to medium term support and if longer term support is required a referral into the outreach service would be passed on to the women's service <p>Multi-agency Independent Advocate (MIA)</p> <ul style="list-style-type: none"> • Provides a crisis intervention service to women and their children to minimise risk of harm and provide ongoing support on exit from the service • Offers to be the woman's voice and explain the woman's concerns at MARAC (Multi-agency risk assessment conference, representatives include housing, health, social work, police, women's aid, education). After the MARAC, the MIA will contact the woman and let her know what happened and how services have agreed to help reduce the risks. The MIA will also support the woman to access other services to find out additional information she needs to know or if she wants further support services. The MIA is a strictly short-term support service, ending shortly after the MARAC after agreement with agencies to provide specific support <p>https://anguswomensaid.co.uk/</p>
Possible Outcomes	Sense of empowerment, security, improved overall wellbeing, self-esteem and confidence.

Process for Assessment and/or inclusion in scheme/intervention	Self-refer or via referral from an agency.
Interventions suitable for	Suitable for children and young people, under the age of 18, living in Angus who have/are experiencing domestic abuse either at home or in their own relationship.
Programme Title and Provider	AWARE - Angus Women's Aid
Details of all Specific national or local scheme/intervention(s) available	<p>AWARE offers a confidential service who will listen to you and respect your choices.</p> <p>Services include:</p> <ul style="list-style-type: none"> • Support your understanding of what domestic abuse is – you are not to blame • Make a safety plan to keep yourself safe • Work with you at your own pace <p>https://anguswomensaid.co.uk/</p>
Possible Outcomes	Feel safe and cared about. Understand domestic abuse is not your fault. Where to find support services.
Process for Assessment and/or inclusion in scheme/intervention	Self-refer or via referral from an agency.

Interventions suitable for	Suitable for Children, Young People and Families who have a family member in prison.
Programme Title and Provider	<p>Peer Support Groups for children, young people and adults</p> <p>1:1 Support</p>
Details of all Specific national or local scheme/intervention(s) available	<p>Families Outside provide direct, independent and confidential support to families affected by having a family member in prison throughout each stage of the justice process. The service provides a person-centered approach that is needs-led and use a wide range of tools and the methods to address their needs. They manage and coordinate family visits to prison to ensure the family stays in touch with their family member and work together with the prison to identify and respond appropriately to the needs of the family.</p> <p>The peer groups provide:</p> <ul style="list-style-type: none"> • An opportunity to share and learn from each other's experiences within a safe confidential place • Promote the views of group members <p>Their Family Support Team offer:</p> <ul style="list-style-type: none"> • 1:1 support • Emotional support • In-depth understanding of the justice system • Information on prison, prison procedures including visiting • Information on housing, finance and benefits

	<ul style="list-style-type: none"> • Access to community support and specialised services i.e. health, domestic abuse and substance use
<p>Possible Outcomes</p>	<p>Aims of the service are to:</p> <ul style="list-style-type: none"> • Improve the lives of children, young people and adults who have a family member in prison • Reduce the stigma and disadvantages of having a family member in prison • Raised sense of self-esteem and self-worth • A positive experience of the justice system <p>https://www.familiesoutside.org.uk/</p>
<p>Process for Assessment and/or inclusion in scheme/intervention</p>	<p>Self-referrals can be made via the Helpline: 0800 254 0088, also via services/agencies the family may be involved with.</p>