

DETAILS	
Local Authority area	Midlothian
Primary Courts of relevance	Edinburgh Sheriff Court and the High Courts
All information provided by	Midlothian Community Justice Partnership

INFORMATION ACCURATE AS AT 27/04/2022

OVERVIEW
<p>The information contained within this document is provided to assist in judicial awareness of local area disposal options.</p> <p>Please note: All information contained within this document has been provided to Community Justice Scotland (CJS) by the relevant Community Justice Partnership, or similar; this information has not been generated by CJS. However, any feedback or queries should be directed to CJS using the following email address: info@communityjustice.scot where all enquiries will be dealt with in collaboration with the relevant Community Justice Partnership, or similar.</p>

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BAIL SUPERVISION

Interventions suitable for	Available to both genders when clients are aged 16 or over. Available to all those at risk of Remand.
Programme Title and Provider	Bail supervision
Details of all Specific national or local scheme/intervention(s) available	Midlothian Council commissions Edinburgh Criminal Justice Services to provide a Supervised Bail scheme to Midlothian residents. The service is available to both genders when clients are aged 16 or over. The service is available to all those at risk of Remand and its purpose is to provide support and assistance to help people remain in the community whilst their criminal matters progress. Assessments of suitability in general are initiated by request from the Court. The Supervised Bail Scheme have 2 new initiatives. Firstly, in relation to clients who are aged 21 or under, the supervised bail scheme will proactively provide assessments to Court on those who are appearing from Police Custody. The second initiative offers an Enhanced Supervised Bail Scheme for women offenders at high risk of custody which includes a rapid assessment and intensive support.
Possible Outcomes	Possible reduction in remand cases
Process for Assessment and/or inclusion in scheme/intervention	Assessment undertaken by Diversion Team in Edinburgh.

COMMUNITY PAYBACK ORDER: UNPAID WORK

Interventions suitable for	Individuals aged 16 and over
Programme Title and Provider	Unpaid work – Justice Service
Details of all Specific national or local scheme/intervention(s) available	General Unpaid Work Service is available to clients aged 16 and over. The scheme offers placements in organised work groups where clients are supervised undertaking projects in the communities most affected by crime or assisting the most vulnerable in our community. This provides clients with an opportunity to make reparation for their offences whilst promoting social inclusion. In addition there are personal placements available with local charities and organisations for suitably assessed clients.
Possible Outcomes	Other Activity - there are various opportunities in Midlothian for Unpaid Work clients to engage with services as part of their Order to address their offending behaviour and promote their employability and wellbeing. Opportunities include: accessing or becoming a peer mentor, attending substance use support services, engaging with employment advice agencies, men's programmes and suicide prevention groups, literacy support groups, attending mental health support agencies and attending Venture Trust personal development programme.
Process for Assessment and/or inclusion in scheme/intervention	A client can be made subject to a Community Payback Order at the point of sentence in the following ways:

	<p>The court can impose a level one CPO with an unpaid work requirement at the point of conviction. The maximum hours that can be imposed as a Level 1 order is 100.</p> <p>The Court can also request that a Criminal Justice Social Report (CJSWR) is requested, and must do so if the individual is aged 16-18 years old. AS part of the assessment process the CJSWR author can make a recommendation for an Unpaid Work requirement to be imposed.</p> <p>The client must agree to the CPO being made.</p>
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COMMUNITY PAYBACK ORDER: SUPERVISION

Interventions suitable for	Individuals aged 16 and over
Programme Title and Provider	Supervision Requirement – Justice Service
Details of all Specific national or local scheme/intervention(s) available	<p>As part of a CPO with a supervision requirement, the individual is provided with support and assistance to reduce their risk of further offending. The factors considered relevant to the risk of further offending are identified through use of accredited risk assessment tools, including LSCMI. A case management plan is developed in collaboration with the client, which forms the basis of the interventions. The level of contact as part of the supervision requirement is in line with the assessed level of risk and in line with National Objectives and Standards.</p> <p>The work undertaken as part of a supervision requirement can be completed on a 1:1 basis or include a mix of individual or group work.</p> <p>Midlothian Justice Service also provide bespoke interventions for men and women that can form part of the work undertaken within a supervision requirement:</p> <p>Women:</p> <ul style="list-style-type: none"> • The Spring Service - is available for women who may benefit from support with their mental health, substance use and experience of past or current trauma and/or abuse. As attendance at this service is voluntary we do not ask for this to be included as a Programme requirement rather we would include it as part of the case management action plan. The service offers clients the opportunity to: 1) Learn skills to cope with difficult and stressful situations 2) Think about any problematic behaviour, including offending 3) Build confidence and reduce feelings of loneliness 4) Make plans for education, employment and training 5) Learn skills to cope with difficult and stressful situations. <p>Men:</p> <p>Stride is for men aged 18+. The focus within Stride will be less offence-focused but rather look to address the individual's experience of trauma and offer strategies to better process trauma. Future scope for Stride look to offer opportunities for men within local communities in terms of employment, education and better access to services</p>

Possible Outcomes	Those subject to a CPO will develop the skills and knowledge to improve decision making, consequential thinking and to manage their emotions. This will enable them to reduce the risk of further offending. Men and women will have greater access to support and resources to increase their ability to engage in employment and/or training.
Process for Assessment and/or inclusion in scheme/intervention	A CPO with a supervision requirement can only be imposed after the Court has deferred for a CJSWR and is assessed as suitable. As with unpaid work the client has to agree to the order being imposed.

Interventions suitable for	Male Perpetrators of Domestic Abuse aged 18 or over
Programme Title and Provider	Supervision – Justice Service
Details of all Specific national or local scheme/intervention(s) available	Male Perpetrators of Domestic Abuse aged 18 or over. For men who are assessed as unsuitable for Caledonian due to practical issues like work commitments or other issues affecting availability we deliver the respect 1:1 programme which utilises approaches similar to Caledonian but without the intensive group work. This work is completed in individual supervision sessions using techniques including Good Lives and Cognitive Behaviours approaches.
Possible Outcomes	Reduction in harm caused to survivors of abuse. Greater understanding of behavior, thoughts and feelings of the perpetrators of abuse. Victim awareness raising, accountability of behavior. Change in lifestyle choices and decisions.
Process for Assessment and/or inclusion in scheme/intervention	All clients who are made subject to a CPO with supervision are assessed using the LSCMI Risk Assessment Tool and a personalised Action plan is developed which includes what specific interventions Criminal Justice Social Workers will deliver as well as what external support services are going to be utilised to address a client's offending behaviour and related risks and need. We use a range of techniques and approaches to address anger and emotional management, problem solving and consequential thinking skills, develop victim awareness and empathy as well as address any other relevant criminogenic factors.

Interventions suitable for	Youth Justice
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Programme Title and Provider	Supervision
Details of all Specific national or local scheme/intervention(s) available	Youth Justice - Midlothian have a team of social workers based within Children and Families Social Work who are specifically trained to assess and intervene with young people up to the age of 18 who are involved in offending behaviour. They work in a collaborative manner with local partner agencies to deliver individually formulated case management plans.
Possible Outcomes	Reduction in criminogenic needs and risks. Increase in capacity for change, reduction in harm caused/offending behaviour. Focus on positive life choices including use of time, employment and training opportunities.
Process for Assessment and/or inclusion in scheme/intervention	All clients who are made subject to a CPO with supervision are assessed using the LSCMI Risk Assessment Tool and a personalised Action plan is developed which includes what specific interventions Criminal Justice Social Workers will deliver as well as what external support services are going to be utilised to address a client's offending behaviour and related risks and need. We use a range of techniques and approaches to address anger and emotional management, problem solving and consequential thinking skills, develop victim awareness and empathy as well as address any other relevant criminogenic factors.

COMMUNITY PAYBACK ORDER: PROGRAMME

Interventions suitable for	Men convicted of domestic abuse offences aged 18 and over
Programme Title and Provider	Caledonian System – Justice Service
Details of all Specific national or local scheme/intervention(s) available	Caledonian System: works with men convicted of domestic abuse offences to help them recognise their abuse, take responsibility and reduce their reoffending. Within the system support and safety planning is undertaken with women and children affected by the man's abusive behaviour. This programme is delivered in partnership with City of Edinburgh Council with clients completing the preparatory and maintenance work with their Midlothian Criminal Justice social worker and undertaking the group in Edinburgh. In certain circumstances, the programme can be delivered on a one to one basis.
Possible Outcomes	Reduction in harm caused to survivors of Domestic Abuse. Better life chances for women and children and men involved in domestic abuse.
Process for Assessment and/or inclusion in scheme/intervention	Assessed as part of CJSWR. If a Programme requirement is part of a CPO then a supervision requirement must also be a requirement.

Interventions suitable for	Men who have been convicted of sexual offences which were committed online
Programme Title and Provider	Internet Offender Groupwork programme- CISSO

Details of all Specific national or local scheme/intervention(s) available	Internet Offender Groupwork programme - This is a specific programme for men who have committed sexual offences online. The groupwork element is delivered in Edinburgh by Community Intervention Service for Sex Offenders (CISSO) and individual preparatory and maintenance work is completed by staff in Midlothian.
Possible Outcomes	Reduction in offending behaviour.
Process for Assessment and/or inclusion in scheme/intervention	Assessed as part of CJSWR or once on CPO- Supervision.

Interventions suitable for	Men convicted of committing a sexual offence and are aged 18 and over
Programme Title and Provider	Moving Forward, Making Changes – Justice Service
Details of all Specific national or local scheme/intervention(s) available	Sex offenders aged 18 and over: Moving Forward, Making Changes: behavioural programme designed to provide treatment for men who commit sexual offences or offences with a sexual element. This programme is delivered in partnership with the Community Intervention Service for Sex Offenders (CISSO) based in Edinburgh with clients undertaking preparatory work on an individual or 2:1 basis with the supervising social worker in Midlothian and then attending groupwork services in Edinburgh.
Possible Outcomes	Reduction in offending behaviour
Process for Assessment and/or inclusion in scheme/intervention	Assessed as part of CJSWR or once on CPO- Supervision.

COMMUNITY PAYBACK ORDER: TREATMENT: MENTAL HEALTH

Interventions suitable for	[Information not specified]
Programme Title and Provider	[Information not specified]
Details of all Specific national or local scheme/intervention(s) available	[Information not specified]
Possible Outcomes	[Information not specified]
Process for Assessment and/or inclusion in scheme/intervention	[Information not specified]

COMMUNITY PAYBACK ORDER: TREATMENT: DRUGS

Interventions suitable for	[Information not specified]
Programme Title and Provider	[Information not specified]

Details of all Specific national or local scheme/intervention(s) available	[Information not specified]
Possible Outcomes	[Information not specified]
Process for Assessment and/or inclusion in scheme/intervention	[Information not specified]

COMMUNITY PAYBACK ORDER: TREATMENT: ALCOHOL

Interventions suitable for	[Information not specified]
Programme Title and Provider	[Information not specified]
Details of all Specific national or local scheme/intervention(s) available	[Information not specified]
Possible Outcomes	[Information not specified]
Process for Assessment and/or inclusion in scheme/intervention	[Information not specified]

DRUG TREATMENT AND TESTING ORDER (DTTO)

Interventions suitable for	Midlothian residents aged 16 plus
Programme Title and Provider	Drug Testing and Treatment Order (DTTO) – City of Edinburgh Council
Details of all Specific national or local scheme/intervention(s) available	Midlothian commissions a DTTO service from City of Edinburgh Council. This service is available to Midlothian residents aged 16 plus. There are two types of DTTOs. Normal DTTOs may be used instead of prison for people charged with serious or high levels of offending. DTTO 2 is for individuals who are starting to offend because of their drug use.
Possible Outcomes	Reduction in offending behaviour. Improved life chances.
Process for Assessment and/or inclusion in scheme/intervention	DTTO staff will assess suitability at point of the CJSWR. Justice workers will ask the Court for a deferment for an assessment or a rapid assessment can be complete if an individual is on remand.

STRUCTURED DEFERRED SENTENCE –

Interventions suitable for	Individuals aged 18 and over
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<p>Programme Title and Provider</p>	<p>Structured Deferred Sentence (SDS). – Justice Service and CGL This is an additional post-conviction, pre-sentence option to the Court and is provided by Midlothian Justice Service and supported by partner agencies including Substance Misuse Service and Change, Grow, Live</p>
<p>Details of all Specific national or local scheme/intervention(s) available</p>	<p>Structured Deferred Sentences is a pre-sentence option to all Sheriff and High Courts for those individuals appearing at Court who are ordinarily resident in Midlothian.</p> <p>Interventions will be person centered and will specifically address the risk and needs that have impacted on their offending behaviour.</p> <p>Substance Use Service will be used for those individuals who have reported issues related to alcohol and or illicit drug use. Interventions will include harm reduction and relapse prevention, community detox, assessment for residential treatment, substitute prescribing and advice and support to individuals and their families.</p> <p>CGL predominantly work with those with current or previous substance misuse, who are involved in the criminal justice system. Both teams support individuals to make positive life changes and set goals for the future, looking at their holistic needs as part of the assessment process and agreeing a recovery plan to offer a package of care to the individual. Both services offer psychosocial substance misuse support, harm reduction advice and support to address offending behaviour, can support individuals to make meaningful use of their time and can provide emotional and practical support (i.e. claiming benefits) as well as supporting individuals to link in with other services for health, employability, housing and benefits.</p> <p>Venture Trust work with those involved in the criminal justice system to read their potential through a range of interventions including outdoor learning programmes and structured one to one interventions to enhance lifeskills, employability and healthy relationships.</p> <p>Men and Women can also be provided to Stride or Spring.</p>
<p>Possible Outcomes</p>	<p>A Structured Deferred Sentence (SDS) is used post-conviction and prior to final sentencing to provide a relatively short period of focused intervention with the specific objectives of:</p> <ul style="list-style-type: none"> • Meeting assessed criminogenic and non-criminogenic needs and building an individual’s motivation and capacity for positive change; • Reducing the frequency or seriousness of offending behaviour; and • Avoiding premature or unnecessarily intensive periods of supervision in the community <p>SDS can also be used to undertake a specific piece of work with an individual to stabilise their circumstances making it more likely that they</p>

	will be able to engage in and comply with a period of statutory supervision. In this way SDS can be a useful tool to assess motivation and ability to engage with services and can reduce the potential of 'setting them up to fail' if they were placed straight onto a Community Payback Order.
Process for Assessment and/or inclusion in scheme/intervention	Assessment for SDS will be undertaken as part of the CJSWR

THIRD SECTOR PROGRAMMES

Community Payback Order

Interventions suitable for	Individuals on Community Payback (and other criminal justice orders*)
Programme Title and Provider	Programme Requirement - Venture Trust
Details of all Specific national or local scheme/intervention(s) available	Living Wild supports individuals on Community Payback (and other criminal justice orders*) who want to make positive and sustained changes that can lead to a move away from offending. After an assessment period we offer regular community-based outreach support wrapped around a 10-day Wilderness Journey usually in the highlands of Scotland. Through intensive learning and personal development individuals will consolidate their new skills, boost confidence, motivation and aspirations. This will allow individuals to tackle complex circumstances and patterns of behaviour and tackle re-offending and help with rehabilitation.
Possible Outcomes	Addressing long term unemployment, recovery from addiction, homelessness, isolation, involvement in the criminal justice system in Scotland, and a history of trauma or harm.
Process for Assessment and/or inclusion in scheme/intervention	Assessed at point of CJSWR/ once on CPO- Supervision. Attendance at Venture Trust can be as part of the case management plan or added to the CPO as a programme requirement
Relevant information re. funding for the programme	[Information not specified]

Mental Health

Interventions suitable for	Drop-in service for any adult aged 18-65 years who is registered with a Midlothian GP
Programme Title and Provider	Access Point (Health in Mind)

Details of all Specific national or local scheme/intervention(s) available	The aims of this service are to help the individual understand their mental health better, to sign-post to local services and groups and, if required, support the individual to access them
Possible Outcomes	Address isolation, improve and promote physical and mental wellbeing. Increase positive links with the community. Address use of time through support groups, interests and hobbies.
Process for Assessment and/or inclusion in scheme/intervention	Drop-in service for any adult aged 18-65 years who is registered with a Midlothian GP
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Anyone who has mental health difficulties living in Midlothian
Programme Title and Provider	Art Psychotherapy (Health in Mind)
Details of all Specific national or local scheme/intervention(s) available	The service gives people the opportunity to work with their mental, emotional and physical wellbeing using art materials alongside talking.
Possible Outcomes	Address isolation, improve and promote physical and mental wellbeing. Increase positive links with the community. Address use of time through support groups, interests and hobbies.
Process for Assessment and/or inclusion in scheme/intervention	Anyone who has mental health difficulties living in Midlothian
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	People experiencing mild to moderate mental health issues, decreased confidence, negative thinking, lack of motivation, low mood etc.
Programme Title and Provider	Bibliotherapy Service (Braw Blether groups)
Details of all Specific national or local scheme/intervention(s) available	The service focuses on Creative Bibliotherapy, delivered via a Social Model (i.e. people with low mental health and wellbeing supported by non-professional(s) to engage in reading)
Possible Outcomes	Improvements for people experiencing mild to moderate mental health issues, increased confidence, address negative thinking, lack of motivation, low mood etc.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	People aged between 18 – 65 years old in East Lothian and Midlothian who have experienced a mental health difficulty. Also offer a children and young people advocacy service.
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Programme Title and Provider	CAPS Independent Advocacy
Details of all Specific national or local scheme/intervention(s) available	Advocacy service to help with issues relating to mental health, such as housing, employment and other services.
Possible Outcomes	Address isolation, improve and promote physical and mental wellbeing. Increase positive links with the community.
Process for Assessment and/or inclusion in scheme/intervention	Referral once on a CPO. People (including children and young people) in East Lothian and Midlothian who have experienced a mental health difficulty.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	People with mild to moderate distress, such as anxiety, depression and/or stress.
Programme Title and Provider	Guided Self Help (Health in Mind)
Details of all Specific national or local scheme/intervention(s) available	A short term intervention for people who are finding it difficult to cope with depression, low mood, anxiety or stress.
Possible Outcomes	Address isolation, improve and promote physical and mental wellbeing. Increase positive links with the community. Address use of time through support groups, interests and hobbies.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Women of any age in Midlothian who are isolated or experiencing anxiety.
Programme Title and Provider	Midlothian Women's Group (Weekly) (Health in Mind)
Details of all Specific national or local scheme/intervention(s) available	The group gives women who are isolated or experiencing anxiety a safe and supported space to talk and meet new people.
Possible Outcomes	Address isolation, improve and promote physical and mental wellbeing. Increase positive links with the community. Address use of time through support groups, interests and hobbies. Improved mood allows for better relationships building self-efficacy and hope.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Young people aged 12-21 across Midlothian
Programme Title and Provider	MYPAS
Details of all Specific national or local scheme/intervention(s) available	Art Therapy, Counselling Services and Mental Health Education. MYPAS work with Midlothian Council and NHS Lothian and other local organisations to: hold drop-ins, meet young people one-to-one, provide outreach services, hold educational sessions in local schools and run group work programmes.
Possible Outcomes	The project works with young people aged 12-21 across Midlothian with a range of mental health difficulties, drug and alcohol use, anxiety, depression, self-harm, anger issues, suicidal thoughts, eating disorders and body image etc
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	People living in the Midlothian area who have mental health support needs.
Programme Title and Provider	Orchard Centre Day Service (Health in Mind)
Details of all Specific national or local scheme/intervention(s) available	Resource centre, based in Bonnyrigg offering a wide range of activities aimed at improving wellbeing and they include relaxation, arts and crafts, a new members group, music, discussion, computer, swimming, knit and stitch, photography and focused groups including Living Life to the Full and Self-Harm Management.
Possible Outcomes	Address isolation, improve and promote physical and mental wellbeing. Increase positive links with the community. Address use of time through support groups, interests and hobbies. Improved mood allows for better relationships building self-efficacy and hope.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Currently available to anyone feeling isolated due to experiencing mental ill health
Programme Title and Provider	Re:discover Midlothian befriending service (Health in Mind)
Details of all Specific national or local scheme/intervention(s) available	Re: discover befriending offers matches for up to 12 months.
Possible Outcomes	Address isolation, improve and promote physical and mental wellbeing. Increase positive links with the community. Address use of time through support groups, interests and hobbies. Improved mood allows for better relationships, building self-efficacy and hope.

Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

General

Interventions suitable for	Individuals specifically with complex needs
Programme Title and Provider	Access to Industry, Cowgate
Details of all Specific national or local scheme/intervention(s) available	Programmes and courses developing essential core skills such as communication, ICT (Information and Communications Technology) and problem solving. Individual support that aims to alleviate wider personal barriers
Possible Outcomes	Increase skill set in relation to employability, self-confidence and self-belief.
Process for Assessment and/or inclusion in scheme/intervention	Referrals made once on a CPO/s and self-referrals for individuals specifically with complex needs
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	People who have offended and young people at risk
Programme Title and Provider	Apex Scotland
Details of all Specific national or local scheme/intervention(s) available	Apex Scotland helps people who have offended and young people at risk to realise their potential through employment, with the aid of training and seminars
Possible Outcomes	Increase skill set in relation to employability, self-confidence and self-belief.
Process for Assessment and/or inclusion in scheme/intervention	Referrals made once on a CPO/self-referrals
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	[Information not specified]
Programme Title and Provider	Carr Gomm
Details of all Specific national or local scheme/intervention(s) available	Person-centred approach to any area of someone's life – from supporting an older woman with dementia to live independently in her home and continue socialising with her friends; or helping a young man with autism move into his first home away from his family; or supporting a father of young children with his benefits claims and understanding his responsibilities as a tenant to reduce his risk of eviction

Possible Outcomes	Improvement in areas of need including- Mental health issues, learning disabilities, autism spectrum disorder, isolation and loneliness, homelessness, addiction, physical disabilities, respite.
Process for Assessment and/or inclusion in scheme/intervention	Referral made once on a CPO/Self-referral.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Males and females
Programme Title and Provider	New Routes - Wise Group Shine - SACRO
Details of all Specific national or local scheme/intervention(s) available	'New Routes' and 'Shine' partnerships, led by Wise Group and Sacro respectively for males and females. Support will include providing practical help with everything from job applications to finding accommodation.
Possible Outcomes	Relationship building, addressing homelessness, supporting tenancies, making links with community agencies to address substance use, mental health and employability.
Process for Assessment and/or inclusion in scheme/intervention	This service is offered in Scottish Prisons to men (new routes) and women (shine) of all ages serving short prison sentences.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Individuals with Asperger Syndrome or High Functioning Autism. Age 16+ resident in Lothian's or Borders
Programme Title and Provider	Number 6
Details of all Specific national or local scheme/intervention(s) available	Social Groups, Drop-In facility. One to One short term support. Information and advice
Possible Outcomes	Increase skill set in relation to self-confidence and self-belief. Addressing isolation, build on capacity to form relationship.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Substance Misuse / Addictions

Interventions suitable for	Anyone who has a desire to stop drinking.
Programme Title and Provider	Alcoholics Anonymous (AA)
Details of all Specific national or local scheme/intervention(s) available	Alcoholics Anonymous (A.A.) supports people to recover from alcohol addiction.

Possible Outcomes	Support and advice from peers to address alcohol use and work toward abstinence.
Process for Assessment and/or inclusion in scheme/intervention	Referrals made once on a CPO/self-referrals. Anyone who has a desire to stop drinking.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	People from Edinburgh and Midlothian who are arrested and appearing from custody/ serving prison sentences and have substance misuse issues/ released from short-term prison sentences
Programme Title and Provider	Change Grow Live (CGL)
Details of all Specific national or local scheme/intervention(s) available	Offender Recovery Service – arrest referral, drug and alcohol support services in HMP Edinburgh and voluntary throughcare.
Possible Outcomes	Increase skill set in relation to employability, self-confidence and self-belief. Support to address issues related to offending. Assessment of risk and needs and making links to third sector agencies in the local community
Process for Assessment and/or inclusion in scheme/intervention	Provided to people from Edinburgh and Midlothian who are arrested and appearing from custody/ serving prison sentences and have substance misuse issues/ released from short-term prison sentences. Referrals from Police, social work, third sector.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	People who experience drug or alcohol problems and mental health difficulties
Programme Title and Provider	CLEAR (Community Lived Experience for Alcohol and Drugs Recovery) – Orchard Centre
Details of all Specific national or local scheme/intervention(s) available	Midlothian peer support project for people who experience drug or alcohol problems and mental health difficulties.
Possible Outcomes	Support and guidance relating to life choices, work towards improved life chances. Links with support agencies to address criminogenic and non-criminogenic needs.
Process for Assessment and/or inclusion in scheme/intervention	Anyone 18 yrs and over living in Midlothian or has or is in recovery from a drug or alcohol problem.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Anyone over 18 who is worried about their own or someone else's drinking.
Programme Title and Provider	Edinburgh & Lothian Council on Alcohol (ELCA) and SPS
Details of all Specific national or local scheme/intervention(s) available	Trained alcohol counsellors providing advice and information which can be accessed Bonnyrigg, Dalkeith and Penicuik as well as its base in Edinburgh. Advocacy and Peer Services
Possible Outcomes	Support advice and guidance around alcohol use.
Process for Assessment and/or inclusion in scheme/intervention	ELCA services are open to anyone over the age of 18 who is worried about their own or someone else's drinking.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Anyone concerned about their own or another person's gambling
Programme Title and Provider	Gamblers Anonymous (GA)
Details of all Specific national or local scheme/intervention(s) available	Fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to do the same
Possible Outcomes	Increase skill set in relation to choices around gambling and the impact this has on life chances and relationships.
Process for Assessment and/or inclusion in scheme/intervention	Self-Referral
Relevant information re. funding for the programme	[Information not specified]
Interventions suitable for	Anyone trying to cope with and overcome problems caused or affected by alcohol or drugs

Programme Title and Provider	Gateway to Recovery
Details of all Specific national or local scheme/intervention(s) available	Gateway to Recovery Clinics, bring together NHS and voluntary sector services to provide a comprehensive assessment for people trying to cope with and overcome problems caused or affected by alcohol or drugs. They provide harm reduction advice, medical treatments, counselling and other support for those on their recovery journey.
Possible Outcomes	Access to various professionals in relation treatment, advice, guidance and support. Addressing mental, physical wellbeing linked to substance misuse. Improved life chances and choice.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO. Anyone trying to cope with and overcome problems caused or affected by alcohol or drugs
Relevant information re. funding for the programme	[Information not specified]

Programme Title and Provider	Monday Drop In
Details of all Specific national or local scheme/intervention(s) available	This service is provided by the voluntary sector in conjunction with health and social care colleagues at No11. The drop in is for those people who struggle to attend appointments often with complex needs and substance use issues. Advice is available for harm reduction, prescriptions and other services.
Possible Outcomes	To provide connections for those people who are struggling to engage with support this will reduce isolation and potential barriers to accessing services.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral. Anyone trying to cope with and overcome problems caused or affected by alcohol or drugs.
Relevant information re. funding for the programme	Supported by MELDAP and No 11 Hub

Interventions suitable for	Anyone in recovery or affected by addiction.
Programme Title and Provider	Horizon Café (NHS Lothian)
Details of all Specific national or local scheme/intervention(s) available	Recovery focused environment run and operated by people in recovery or affected by addiction.
Possible Outcomes	Peer support to consider life choices. Links to the community to improve relationships, hope and chances. Reduce isolation and issues relating to poor mental health and substances.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/whilst on a CPO. Anyone in recovery or affected by addiction.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	For those dependent on alcohol and other drugs (including opiates, stimulants, cannabis, tranquillisers etc).
Programme Title and Provider	Lothians & Edinburgh Abstinence Programme (LEAP)
Details of all Specific national or local scheme/intervention(s) available	Treatment and rehabilitation programmes.
Possible Outcomes	Residential programme to address substance use. Reduction in criminogenic needs and risks.
Process for Assessment and/or inclusion in scheme/intervention	For those dependent on alcohol and other drugs (including opiates, stimulants, cannabis, tranquillisers etc). Self-referral/whilst on a CPO
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	People in recovery or affected by addiction
Programme Title and Provider	MELDAP – No 11 St. Andrew’s Street, Dalkeith
Details of all Specific national or local scheme/intervention(s) available	Recovery Café. Also offer education, training and employment advice to those in need.
Possible Outcomes	The Cafe is run and operated by people in recovery or affected by addiction. Improvements reported include reduced isolation, increased self-efficacy, increased wellbeing and access to services.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Adults with drug and alcohol problems
Programme Title and Provider	Mid and East Lothian Drugs (MELD)
Details of all Specific national or local scheme/intervention(s) available	Reduce the harm caused by substance misuse and promote recovery, by providing high quality advice, support and medical/psychological treatments.
Possible Outcomes	Supports adults with drug and alcohol problems. MELD services include information, advice, support, client work via counselling, needle exchange, family support, working with offenders and group work
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Men and women for whom drugs had become a major problem
Programme Title and Provider	Narcotics Anonymous
Details of all Specific national or local scheme/intervention(s) available	Non-profit society of men and women for whom drugs had become a major problem. Recovering addicts who meet regularly to help each other stay clean.
Possible Outcomes	Reduction in substance use leading to better life chances.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	People who have problems related to alcohol and/or drug use.
Programme Title and Provider	Substance Misuse Service (SMS) based in No. 11
Details of all Specific national or local scheme/intervention(s) available	Social work and Health Substance Misuse services. Health can provide access to psychiatric/ psychological services. Social work offers support and rehabilitation.
Possible Outcomes	Co-ordinated professional response to treatment and care. Links to services, increase in self-care and self management. Improved life chances.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Women

Interventions suitable for	Women
Programme Title and Provider	Anam Cara
Details of all Specific national or local scheme/intervention(s) available	Courage over fear course for women. Workshops will provide women with information, techniques and resilience skills to help propel them into a positive future.
Possible Outcomes	Courage over fear course for women experiencing low self-esteem, stress, anxiety or depression
Process for Assessment and/or inclusion in scheme/intervention	Referrals made once on a CPO/self-referrals
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Women
Programme Title and Provider	Women's Aid East and Midlothian
Details of all Specific national or local scheme/intervention(s) available	Freedom Project. Looks to explore warning signs of domestic abuse, looks at healthy relationships, values to make informed choices
Possible Outcomes	Increase the safety of survivors of domestic abuse. Improve wellbeing for women and children.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Employability and education

Interventions suitable for	[Information not specified]
Programme Title and Provider	Bright Green Business (BGB)
Details of all Specific national or local scheme/intervention(s) available	Bright Green Business offers various programmes including employability support through Mentoring & Streetwise. Workshops, entrepreneurship & the development of business related skills. Delivery of programmes focusing on employer engagement.
Possible Outcomes	Increased employability options and therefore life chances.
Process for Assessment and/or inclusion in scheme/intervention	Referral made once on a CPO/Self-referral.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Young unemployed people
Programme Title and Provider	Criminal Justice Social Work and Newbattle Abbey College. Community Jobs Scotland – SCVO (Scot Govt)
Details of all Specific national or local scheme/intervention(s) available	Unpaid Work, Rural Skills Course, First Aid Course, Range of personal placements, Projects undertaken for beneficiaries, Young unemployed people
Possible Outcomes	Reduction in criminogenic and non-criminogenic needs.
Process for Assessment and/or inclusion in scheme/intervention	Those who are on a Community payback order or on any other CJ order/licence. Community Jobs Scotland (CJS) creates work opportunities for young people within third sector organisations in Scotland.
Relevant information re. funding for the programme	[Information not specified]

Programme Title and Provider	Mayfield and Easthouses Development Trust (MAEDT)
Details of all Specific national or local scheme/intervention(s) available	Drop-in job club to support job seekers search for jobs, prepare their CVs or access support for volunteering and other opportunities
Possible Outcomes	Better access to community, increased feelings to citizenship and worth. Options for chances and improved life chances.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	All residents
Programme Title and Provider	McSence Training Service, Mayfield
Details of all Specific national or local scheme/intervention(s) available	CSCS card, first aid, SVQ, job search and employability skills
Possible Outcomes	Increased life chances and employability options.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	For 16 +
Programme Title and Provider	Midlothian Council Lifelong Learning & Employability Service
Details of all Specific national or local scheme/intervention(s) available	Offer a range of support options, courses and training, currently including: ICT and European Computer Driving Licence; Administration; Care Academy; Work Club; Construction Skills Certification Scheme Training
Possible Outcomes	Increase in life chances.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Domestic Abuse

Interventions suitable for	Men and LGBT+ people aged 16+ yrs who are victims of domestic abuse
Programme Title and Provider	FearFree
Details of all Specific national or local scheme/intervention(s) available	Practical support for survivors to access a range of services and will support appropriate inclusion within communities (incl emotional, practical, advocacy, risk management)
Possible Outcomes	Increased safety and well-being for survivors of abuse.
Process for Assessment and/or inclusion in scheme/intervention	Support service for men and LGBT+ people aged 16+ yrs who are victims of domestic abuse
Relevant information re. funding for the programme	[Information not specified]

Housing

Interventions suitable for	Prisoners at HMP Edinburgh from the Lothians and Scottish Borders
Programme Title and Provider	Four Square
Details of all Specific national or local scheme/intervention(s) available	Housing advice service. Four Square will submit requests to respective local authorities within the East Scotland Hub for assessments to be arranged and provision of temporary accommodation to be allocated.
Possible Outcomes	Reduction in homelessness. Planned intervention for individuals returning to Midlothian. Considered approaches for sustained housing.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral, 3rd sector, SPS staff
Relevant information re. funding for the programme	[Information not specified]

Older people

Interventions suitable for	People over the age of 65 years
Programme Title and Provider	Grassy Riggs and Grassy Riggs Memories Group
Details of all Specific national or local scheme/intervention(s) available	Grassy Riggs offers a supportive place for people over the age of 65 to come together and experience purposeful social engagement. It aims to alleviate isolation and exclusion as well as establish a stronger identity and belonging. Weekly peer lead Memories Group which provides an opportunity for older people to socialise and engage in fun and informative activities.
Possible Outcomes	Decrease in isolation and increase in overall well-being, both physical and mental.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Veterans

Interventions suitable for	Ex-Service personnel and their family members
Programme Title and Provider	Lothian Veterans project
Details of all Specific national or local scheme/intervention(s) available	Ex-Service personnel and their family members can access a wide range of information, support and advice services, an outdoor activity programme, and mental health therapists and counselling
Possible Outcomes	Holistic approach to addressing well-being of Veterans. Improved life chances.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.

Relevant information re. funding for the programme	[Information not specified]
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Men

Interventions suitable for	Men over the age of 18 years.
Programme Title and Provider	Men's Shed
Details of all Specific national or local scheme/intervention(s) available	Men's Shed is a permanent meeting place where lots of good community and healthy self and group determined experiences take place. Men over the age of 18 years are encouraged to socialise and be part of social activities. A popular and supportive service for men in Midlothian.
Possible Outcomes	Increase social engagement. Supportive environment for well-being.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral Men over the age of 18 years.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Men over the age of 18 years.
Programme Title and Provider	Counselling for adult male survivors of sexual abuse (Health in Mind)
Details of all Specific national or local scheme/intervention(s) available	This Counselling Service offers face-to-face counselling up to six months for men aged 18 years and over who are survivors of childhood sexual abuse living in the Midlothian area.
Possible Outcomes	Supportive environment for well-being.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral Men over the age of 18 years.
Relevant information re. funding for the programme	[Information not specified]

Health

Interventions suitable for	Anyone experiencing mental or physical health problems, disadvantage, isolation or poverty.
Programme Title and Provider	Midlothian Community Hospital Garden (Cyrenians)
Details of all Specific national or local scheme/intervention(s) available	Midlothian Community Gardens focus on welcoming people experiencing mental or physical health problems, disadvantage, isolation or poverty. The gardens offer people fantastic opportunities to grow food, socialise and become more active. The garden teams also run regular events, workshops and courses.
Possible Outcomes	Decrease in isolation, increase in positive well-being.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.

Relevant information re. funding for the programme	[Information not specified]
Interventions suitable for	Individuals who have long term physical and emotional health needs (often relating to Trauma)
Programme Title and Provider	Wellbeing Service (Thistle Foundation)
Details of all Specific national or local scheme/intervention(s) available	Based in GP surgeries across Midlothian they will work with individuals who have long term physical and emotional health needs (often relating to Trauma)
Possible Outcomes	Holistic approach to mental and physical health. Potential for improved life choices across Midlothian. Streamlined links to other support agencies.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Young people

Interventions suitable for	14-19 year olds
Programme Title and Provider	RUTS, (Rural & Urban Training Scheme)
Details of all Specific national or local scheme/intervention(s) available	Motorcycle mechanic based programmes, Bicycle mechanics and cycling, Employability fund, Climate challenge fund work. SQA, SCQF and City and Guilds qualifications.
Possible Outcomes	Increase skill set in relation to employability, self-confidence and self-belief. Reduction in criminogenic needs.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO for 14-19 year olds.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	All age guidance service with a focus on school pupils, school leavers and the young unemployed. Also provide a service to adults at risk of redundancy
Programme Title and Provider	Skills Development Scotland
Details of all Specific national or local scheme/intervention(s) available	Careers Information, Advice and Guidance including an on-line service - My World of Work. A Work Coach service for unemployed young people aged 16-19 requiring extra support to find employment, education or training. Employability Training programmes including Employability Stage 2/3/4 and Modern Apprenticeships
Possible Outcomes	Increased skill set. Life chances are improved. Improved use of time.

Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Young unemployed people aged 16-25
Programme Title and Provider	The Princes Trust Team Programme
Details of all Specific national or local scheme/intervention(s) available	Employability support/advice. Education & training programme for unemployed young people
Possible Outcomes	Support to address and range of risk and need factors. Decrease in offending behaviour by positive use of time and peer group involvement.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Young people aged 16-30 years who are likely not to be in full time employment and may have issues around poor mental health or learning difficulties, substance misuse, homelessness, criminal justice or isolation from their communities.
Programme Title and Provider	Venture Scotland
Details of all Specific national or local scheme/intervention(s) available	Venture Scotland offers an outdoor, activity based personal development programme for young people aged 16-30 years who want to make significant, lasting changes in their lives and develop life skills, resilience and positive coping strategies. Aim: • get a job or a place in further education / training • build a happier, healthier and more fulfilled life, or • give something back to help others and improve the community.
Possible Outcomes	Building on confidence, well-being, positive use of time, citizenship.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	All ages with specific services for young people aged 14-25; jobseekers; older people and adults with complex and multiple conditions including Dementia
Programme Title and Provider	Volunteer Midlothian
Details of all Specific national or local scheme/intervention(s) available	Provides services for people interested in volunteering, training and support for organisations engaging volunteers, supported volunteering for young people aged 14 to 25, Community Links Befriending service,

	support and activities for people with dementia and IT tuition for different client groups including jobseekers (Connect Online)
Possible Outcomes	Improved use of time and well-being.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

Interventions suitable for	Young people 11-18 yrs identified as being involved in or at risk of becoming involved in offending, anti-social and risky behaviours.
Programme Title and Provider	Y2K Cashback180 Programme
Details of all Specific national or local scheme/intervention(s) available	Y2K 180 offers a referral-based early support and prevention service for young people. Using intervention, prevention and diversionary youth work methods, activities etc. to support and encourage young people to make positive changes and work toward positive futures.
Possible Outcomes	Reduction in offending behaviour and safer communities.
Process for Assessment and/or inclusion in scheme/intervention	Self-referral/ whilst on a CPO.
Relevant information re. funding for the programme	[Information not specified]

ANY OTHER RELEVANT INFORMATION

Interventions suitable for	Individuals involved in offending behaviour
Programme Title and Provider	Change, Grow, Live
Details of all Specific national or local scheme/intervention(s) available	All Midlothian residents are offered a support service from Change, Grow, Live who are commissioned to provide those subject to electronic monitoring with voluntary support and advice to promote compliance with the Order as well as work to promote desistance from further offending.
Possible Outcomes	Addressing criminogenic needs, promoting pro-social choices and increased compliance with Court mandated Orders.
Process for Assessment and/or inclusion in scheme/intervention	Referrals while on Community Payback Order. Linked to Restriction of Liberty orders. Referrals from Police Scotland and other third sector agencies.
Where no specific scheme/intervention is available, is there capacity to provide a bespoke service based on judicial request? Please provide details	[Information not specified]